

# Dining Room Menu

HAWAII  
PACIFIC  
HEALTH

WILCOX  
MEDICAL CENTER  
CREATING A HEALTHIER HAWAII



July 26, 2026

through

August 1, 2026

|                                                                                                              | Breakfast                             | Prices (\$) | Lunch & Dinner                                             | Prices (\$) |                                                                                                                                                        |
|--------------------------------------------------------------------------------------------------------------|---------------------------------------|-------------|------------------------------------------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| Sunday, 26                                                                                                   | Fresh Fruit Bowls                     | 7.50        | Clam Chowder Soup                                          | 3.95        |                                                                                                                                                        |
|                                                                                                              |                                       |             | Beef Stew                                                  | 5.75-8.75   |                                                                                                                                                        |
|                                                                                                              | Biscuit w/Gravy                       | 2.25        | Baked Wing Dings                                           | 5.75-9.75   |                                                                                                                                                        |
|                                                                                                              |                                       |             | Fried Saimin                                               | 5.75-8.75   |                                                                                                                                                        |
|                                                                                                              | Hot Cereal Du Jour                    | 2.05        | Pork LauLau                                                | 7.50        |                                                                                                                                                        |
|                                                                                                              | Asstd. Breakfast Meats                | 1.35-2.05   | Vegetable du Jour                                          | 2.50        |                                                                                                                                                        |
| Breakfast                                                                                                    |                                       |             | Lunch & Dinner                                             | Prices (\$) | CAFÉ SPECIAL                                                                                                                                           |
| Monday, 27                                                                                                   | Fresh Fruit Bowls                     | 7.50        | Jook Soup                                                  | 3.95        | Hamburger Curry & Rice Bowl -- \$9.50<br><br>Ala Carte Hamburger Curry -- \$8.50<br><br>Warm Pretzel -- \$4.25                                         |
|                                                                                                              | Port Sausage, Green Onion Scramble    | 2.95        | Hot Taco Salad w/ Refried Beans OR Chicken                 | 10.25       |                                                                                                                                                        |
|                                                                                                              | Scrambled Eggs                        | 1.95        | Vegetarian Chili Served with Corn Bread                    | 6.50        |                                                                                                                                                        |
|                                                                                                              | Asstd. Breakfast Meats                | 1.35-2.05   | Pork LauLau                                                | 7.50        |                                                                                                                                                        |
|                                                                                                              |                                       |             | Panko Fresh Catch with Papaya                              |             |                                                                                                                                                        |
|                                                                                                              | Hot Cereal Du Jour                    | 2.05        | Seed Glaze                                                 | 7.50        |                                                                                                                                                        |
| Breakfast                                                                                                    |                                       |             | Lunch & Dinner                                             | Prices (\$) | CAFÉ SPECIAL                                                                                                                                           |
| Tuesday, 28                                                                                                  | Fresh Fruit Bowls                     | 7.50        | Boston Clam Chowder                                        | 3.95        | Tripe Stew, Half Order (12 oz) -- \$9.50<br><br>Full Order (16 oz) -- \$12<br><br>SPAM MUSUBI -- \$3.25                                                |
|                                                                                                              | Biscuit w/Gravy                       | 2.25        | Chicken Parmesan                                           | 6.35        |                                                                                                                                                        |
|                                                                                                              | Hot Cereal Du Jour                    | 2.05        | Pork LauLau                                                | 7.50        |                                                                                                                                                        |
|                                                                                                              | Ham, Tomato, Scallion & Cheese Omelet | 3.65        | Broccoli, Peas, Red Pepper, Zucchini & Tomato Pasta (V/GF) | 5.75        |                                                                                                                                                        |
|                                                                                                              | Asstd. Breakfast Meats                | 1.35-2.05   | Garlic Bread                                               | 0.95        |                                                                                                                                                        |
|                                                                                                              |                                       |             | Vegetable du Jour                                          | 2.50        |                                                                                                                                                        |
| Breakfast                                                                                                    |                                       |             | Lunch & Dinner                                             | Prices (\$) | CAFÉ SPECIAL                                                                                                                                           |
| Wednesday, 29                                                                                                | Fresh Fruit Bowls                     | 7.50        | Tomato Basil Soup                                          | 3.95        | Grilled Cheese Sandwich -- \$6.95<br><br>Served with Tomato Basil Soup -- 10.95<br><br>CRANBERRY CRUNCH -- \$3.50                                      |
|                                                                                                              | Scrambled Eggs                        | 1.95        | Tofu Hekka (V/W/GF)                                        | 5.75-8.75   |                                                                                                                                                        |
|                                                                                                              | Mexi Style Scramble                   | 2.95        | Beef Mac Casserole                                         | 7.25        |                                                                                                                                                        |
|                                                                                                              | Asstd. Breakfast Meats                | 1.35-2.05   | Pork LauLau                                                | 7.50        |                                                                                                                                                        |
|                                                                                                              |                                       |             | Vegetable du Jour                                          | 2.50        |                                                                                                                                                        |
| Breakfast                                                                                                    |                                       |             | Lunch & Dinner                                             | Prices (\$) | CAFÉ SPECIAL                                                                                                                                           |
| Thursday, 30                                                                                                 | Fresh Fruit Bowls                     | 7.50        | Mung Bean Soup                                             | 3.95        | Kalbi Ribs & Shrimp Tempura Plate -- \$19.75<br><br>(Contains: 2 Pcs Short Ribs, 2 Pcs Shrimp Tempura, Side Tossed Salad, Sweet Corn and Steamed Rice) |
|                                                                                                              | Eggs Benedict                         | 3.65        | Pork w/ Pumpkin & Bittermelon                              | 8.75        |                                                                                                                                                        |
|                                                                                                              | Hot Cereal Du Jour                    | 2.05        | Spinach Casserole (V/GF)                                   | 6.50        |                                                                                                                                                        |
|                                                                                                              |                                       |             | Pork LauLau                                                | 7.50        |                                                                                                                                                        |
|                                                                                                              | Asstd. Breakfast Meats                | 1.35-2.05   | Garlic Bread                                               | 0.95        |                                                                                                                                                        |
| Breakfast                                                                                                    |                                       |             | Lunch & Dinner                                             | Prices (\$) | CAFÉ SPECIAL                                                                                                                                           |
| Friday, 31                                                                                                   | Fresh Fruit Bowls                     | 7.50        | Miso Soup w/ Tofu & Green Onions                           | 3.95        | Blackened Hebi Plate -- \$17<br><br>(Contains: Blackened Hebi, Side Tossed Salad, Side Miso Soup and Steamed Rice)                                     |
|                                                                                                              |                                       |             | Spaghetti w/ Meat & Meatless Sauce (V/W/GF noodle avail)   | 5.75-8.75   |                                                                                                                                                        |
|                                                                                                              | Scrambled Eggs                        | 1.95        | Roasted Guava Chicken                                      | 7.95        |                                                                                                                                                        |
|                                                                                                              | Veggie Scrambler                      | 2.95        |                                                            |             |                                                                                                                                                        |
|                                                                                                              | Hot Cereal Du Jour                    | 2.15        | Garlic Bread                                               | 0.95        |                                                                                                                                                        |
|                                                                                                              | Asstd. Breakfast Meats                | 1.35-2.05   | Vegetable du Jour                                          | 2.50        |                                                                                                                                                        |
| Breakfast                                                                                                    |                                       |             | Lunch & Dinner                                             | Prices (\$) |                                                                                                                                                        |
| Saturday, 01                                                                                                 | Hot Cereal Du Jour                    | 2.15        | Italian Wedding Soup                                       | 3.95        |                                                                                                                                                        |
|                                                                                                              | Asstd. Breakfast Meats                | 1.35-2.05   | Pork LauLau                                                | 7.50        |                                                                                                                                                        |
|                                                                                                              | Scrambled Eggs                        | 1.95        | Chicken Papaya                                             | 8.25        |                                                                                                                                                        |
|                                                                                                              | Veggie Scrambler                      | 2.95        | Tofu w/ Veg Stir Fry                                       | 5.75-8.75   |                                                                                                                                                        |
| LF-Low Fat   V-Vegetarian   VE-Vegan   W-Wellness   GF-Gluten Free   I   MENU ITEMS MAY BE SUBJECT TO CHANGE |                                       |             |                                                            |             |                                                                                                                                                        |

Our Daily Menu is also available on our "Menu Hotline". If you're calling from an outside line please call the hospital operator at 245-1100 and ask for the menu hotline. If you're calling from a hospital extension dial 63003.

Hours of Operation: 6:30am - 4:30pm Daily; Self-Checkout Kiosks Open 24 Hours. Senior Discounts apply from 1:30pm - 4:30pm Daily; All Day on Weekends and Holidays! Employee Discounts apply 24 hours a day!