

OUTPATIENT PREPARATION INSTRUCTIONS

For ULTRASOUND Exams and Procedures

Appointment Date: _____ Time: _____

- **ABDOMINAL** – Nothing by mouth at Midnight or **at least 6 hours** prior to appointment
- **AORTA SCREENING** – Nothing by mouth at Midnight or **at least 6 hours** prior to appointment
- **CAROTID, VENOUS AND ARTERIAL**- NO PREP NEEDED
- **RENAL** – Full bladder upon arrival
- **THYROID** - NO PREP NEEDED
- **SCROTUM** - NO PREP NEEDED
- **PARACENTESIS:**
 - No Warfarin (Coumadin®) 3-5 days prior to procedure
 - No Aspirin, Plavix®, Effient®, or Ticlid® 5 days prior to procedure
 - No heparin day of procedure (unless recommended by prescribing doctor to continue medication)
 - Platelet, PT, INR and PTT. Labs drawn within 30 days of procedure
 - If patient requires intravenous medication before or after procedure, ACS admission with updated H&P (within 30 days of procedure) is needed
 - Please indicate on exam requisition if procedure is either diagnostic or therapeutic. If diagnostic, please specify specimen orders in EPIC or list on requisition
 - Other Anticoagulants – Please consult with Imaging department
 - All other medications may be taken day of procedure
- **THORACENTESIS:**
 - Nothing by mouth at Midnight
 - No Warfarin (Coumadin®) 3-5 days prior to procedure
 - No Aspirin, Plavix®, Effient®, or Ticlid® 5 days prior to procedure
 - No heparin day of procedure (unless recommended by prescribing doctor to continue medication)
 - ACS admission with updated H&P (within 30 days of procedure)
 - Platelet, PT, INR and PTT. Labs drawn within 30 days of procedure
 - Other Anticoagulants – Please consult with Imaging department
 - All other medications may be taken day of procedure with minimal water
- **THYROID/SUPERFICIAL BIOPSY:**
 - No Warfarin (Coumadin®) 3-5 days prior to procedure
 - No Aspirin, Plavix®, Effient®, or Ticlid® 5 days prior to procedure
 - No heparin day of procedure
 - Other Anticoagulants – Please consult with Imaging department
 - All other medications may be taken day of procedure

- **KIDNEY BIOPSY:**
 - Nothing by mouth at Midnight
 - No Warfarin (Coumadin®) 5 days prior to procedure
 - No Aspirin, Plavix®, Effient®, or Ticlid® 5 days prior to procedure
 - No heparin day of procedure (unless recommended by prescribing doctor to continue medication)
 - ACS admission with updated H&P (within 30 days of procedure)
 - BUN, Creatinine, GFR, Platelet, PT, INR and PTT. Labs drawn within 30 days of procedure
 - If patient is taking blood pressure medication, we advise to take it on the day of procedure
 - Other Anticoagulants – Please consult with Imaging department
 - All other medications may be taken day of procedure with minimal water

- **LIVER BIOPSY**
 - Nothing by mouth at Midnight
 - No Warfarin (Coumadin®) 3-5 days prior to procedure
 - No Aspirin, Plavix®, Effient®, or Ticlid® 5 days prior to procedure
 - No heparin day of procedure (unless recommended by prescribing doctor to continue medication)
 - ACS admission with updated H&P (within 30 days of procedure)
 - Platelet, PT, INR and PTT. Labs drawn within 30 days of procedure
 - Other Anticoagulants – Please consult with Imaging department
 - All other medications may be taken day of procedure with minimal water

****Please ensure that if the referring patient has been seen at a Non-HPH facility and is coming for a follow up, that prior images and reports are sent before the patient is seen****



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