KAPI'OLANI MEDICAL CENTER FOR WOMEN'S & CHILDREN

Monday, November 9

Breakfast: Country Potatoes, Scrambled Eggs, Pork Link Sausage, Portuguese Sausage, Corned Beef Hash
Breakfast Special: Biscuit & Sausage Gravy

Chef's Healthy & Hearty Soup: Hot & Sour, Cream of Broccoli and Cheddar
Lunch Salad Special: Avocado BLT Chopped Salad
Lunch Sandwich Special: Patty Melt

Lunch & Dinner Special: Beef Stew, Rosemary Chicken
Mashed Potatoes, Confetti Vegetable
Vegetarian Special: Ginger Tofu and Vegetable Stir Fry

Tuesday, November 10

Breakfast: Tater Tots, Scrambled Eggs, Grilled Ham, Bacon, Corned Beef Hash
Breakfast Special: Waffle with Berry Compote

Chef's Healthy & Hearty Soup: Homestyle Chicken Noodle Soup, Cream of Potato and Leek
Lunch Salad Special: Turkey Cobb Salad
Lunch Sandwich Special: Ham, Swiss Cheese, and Asparagus Panini

Lunch & Dinner Special: Roast Pork, Chicken w/ Mushroom Sage sauce
Linguine Pasta, Garden Vegetable Medley

Vegetarian Special: Lentil Stew with Cauliflower

Wednesday, November 11

Breakfast: Fried Rice, Scrambled Eggs, Turkey Link Sausage, Portuguese Sausage, Corned Beef Hash
Breakfast Special: Loco Moco

Chef's Healthy & Hearty Soup: French Onion, Portuguese Bean
Lunch Salad Special: Grilled Chicken Penne Grilled Vegetable Salad
Lunch Sandwich Special: Turkey Bacon Swiss Panini

Lunch & Dinner Special: Beef Stroganoff, Chicken Marsala
Buttered Egg Noodles, Corn with Confetti Bell Pepper

Vegetarian Special: Mediterranean Chickpea Stew

Thursday, November 12

Breakfast: Country potatoes, Scrambled Eggs, Bacon, Portuguese Sausage, Corned Beef Hash
Breakfast Special: Blueberry Pancakes

Chef's Healthy & Hearty Soup: Miso Soup, Red Pepper Basil
Lunch Salad Special: Curried Chicken Salad
Lunch Sandwich Special: Teriyaki Chicken Wrap

Lunch & Dinner Special: Asian Braised Beef, Sweet and Sour Chicken
Garlic Fried Rice, Sautéed Mushrooms and Zucchini

Vegetarian Special: Asian Vegetable Stir Fry

Friday, November 13

Breakfast: Tater Tots, Scrambled Eggs, Grilled Ham, Portuguese Sausage, Corned Beef Hash
Breakfast Special: Breakfast Burrito – Bacon, Tots, Cheddar cheese, Egg

Chef's Healthy & Hearty Soup: Split Pea with Ham, Curried Carrot Ginger Potato Soup
Lunch Salad Special: Shrimp & Calamari Ceviche Salad
Lunch Sandwich Special: Jerk Chicken Sandwich

Lunch & Dinner Special: Caribbean Style Chicken, BBQ Pulled Beef
Roasted Potatoes, Steamed Broccoli & Cauliflower

Vegetarian Special: Lentil Stew & Roasted Vegetables

Saturday, November 14

Breakfast: Fried Rice, Pork Scrambled Eggs, Turkey Link Sausage, Bacon, Corned Beef Hash
Breakfast Special: French Toast

Chef's Healthy & Hearty Soup: Cream of Mushroom, Beef Vegetable
Lunch Sandwich Special: Bacon Cheeseburger

Lunch & Dinner Special: Kalua Pork & Cabbage, Teriyaki Chicken
Mashed Potatoes, Green Beans

Vegetarian Special: Tofu Vegetable Stir Fry

Sunday, November 15

Breakfast: Country potatoes, Buttermilk Pancakes, Scrambled Eggs, Pork Link Sausage, Portuguese Sausage, Corned Beef Hash
Breakfast Special: Eggs Benedict – Canadian Bacon, Poached egg, Hollandaise Sauce, English Muffin

Chef's Healthy & Hearty Soup: Minestrone, Bacon Corn Chowder
Lunch Sandwich Special: Chili Dog

Lunch & Dinner Special: Meatloaf, Mushroom Gravy, Chicken Broccoli Stir fry
Mashed Potatoes, Farmer's Market Vegetable Medley
Vegetarian Special: Rotini Pasta Primavera