



Monday, July 20

Breakfast: Country Potatoes, Scrambled Eggs, Grilled Ham, Portuguese Sausage, Corned Beef Hash

Rotation: House Fried Rice

Breakfast Special: Breakfast Croissant Sandwich – Bacon, egg & cheese Croissant

Chef's Healthy & Hearty Soup: Portuguese Bean, Manhattan Clam Chowder

Lunch Salad Special: Farfalle "Bow Tie" Pasta Salad

Lunch Sandwich Special: Teriyaki Beef Sandwich

Lunch & Dinner Special: Pork Guisantes, Teriyaki Chicken
House Fried rice, Provencal Vegetables

Vegetarian Special Stewed Chickpeas and Zucchini

Tuesday, July 21

Breakfast: Tater Tots, Scrambled Eggs, Pork Link Sausage, Portuguese Sausage, Corned Beef Hash

Rotation: Mochi Pancake

Breakfast Special: Ham & Spinach Frittata

Chef's Healthy & Hearty Soup: Minestrone, Cream of Mushroom Soup

Lunch Salad Special: Pesto Chicken Spinach Salad

Lunch Sandwich Special: Classic Reuben Sandwich

Lunch & Dinner Special: Corned Beef & Cabbage, Chicken Cacciatore
Scallop Potatoes, Roasted Harvest Vegetables

Vegetarian Special: Pasta Primavera

Wednesday, July 22

Breakfast: Scrambled Eggs, Turkey Link, Portuguese Sausage, Corned Beef Hash

Rotation: French Toast with powder sugar

Breakfast Special: Loco Moco

Chef's Healthy & Hearty Soup: Beef Vegetable Soup, Chicken Noodle soup

Lunch Salad Special: Mediterranean Couscous & Lentil Salad

Lunch Sandwich Special: Chef Deli Wrap

Lunch & Dinner Special: Beef Broccoli, Shoyu Chicken
Mashed Potatoes, Steamed Broccoli

Vegetarian Special: Baked Teriyaki Tofu

Thursday, July 23

Breakfast: Country potatoes, Scrambled Eggs, Sausage Patty, Portuguese Sausage, Corned Beef Hash
Rotation: House Fried Rice
Breakfast Special: Kale Bacon & Ricotta Frittata

Chef's Healthy & Hearty Soup: Miso Soup, Classic French Onion Soup
Lunch Salad Special: Greek Salad
Lunch Sandwich Special: California Club Sandwich

Lunch & Dinner Special: Braised Pork Shoulder, Mochiko Chicken
Oven Roasted Garlic Red Potatoes, Seasoned Garlic Confetti

Vegetarian Special: Tofu Vegetable Stir Fry

Friday, July 24

Breakfast: Tater Tots, Scrambled Eggs, Pork Link Sausage, Portuguese Sausage, Corned Beef Hash
Rotation: Banana Pancake
Breakfast Special: Southern Style Frittata

Chef's Healthy & Hearty Soup: New England Clam Chowder, Cuban Black Bean
Lunch Salad Special: Mango Chicken Chop Salad
Lunch Sandwich Special: Patty Melt w/ sauteed onion

Lunch & Dinner Special: Asian Braised Beef, Cajun Chicken
Smashed Red Potatoes, Steamed vegetable Medley

Vegetarian Special: Cincinnati Vegetarian Chili

Saturday, July 25

Breakfast: Hash Browns, Pork Scrambled Eggs, Grilled Ham, Portuguese Sausage, Corned Beef Hash
Rotation: Belgian Waffle with Blueberry Compote
Breakfast Special: Breakfast Sandwich – Ham, Egg & Cheese Croissant

Chef's Healthy & Hearty Soup: Ginger Chicken Rice, Minestrone Soup
Lunch Sandwich Special: Chicken Caesar Wrap

Lunch & Dinner Special: Kalua Pig & Cabbage, Huli Huli Chicken
House Fried rice, Steamed Vegetable Medley

Vegetarian Special: Grilled Vegetable Fajita Quesadilla

Sunday, July 26

Breakfast: Country potatoes, Scrambled Eggs, Turkey Link, Portuguese Sausage, Corned Beef Hash
Rotation: House Fried Rice
Breakfast Special: Eggs Benedict – English Muffin, Canadian Bacon, Egg, Hollandaise Sauce

Chef's Healthy & Hearty Soup: Tuscan Kale & Bean Soup, Bacon Corn Chowder
Lunch Sandwich Special: Korean Beef Bao

Lunch & Dinner Special: Bulgogi Beef, Chicken Adobo
Mashed Potatoes, Provencal Roasted Vegetables

Vegetarian Special: Korean Stir Fried Vegetable & Tofu