



Pool Safety Checklist

TIPS FOR PARENTS

- ❑ **Watch kids when they are in or around water, without being distracted.** Keep young children within arm's reach of an adult. Make sure older children swim with a partner every time.
- ❑ **Teach children how to swim.** Every child is different, so enroll children in swim lessons when they are ready. Consider their age, development and how often they are around water.
- ❑ **Make sure kids know how to swim and learn these five water survival skills:**
 1. Step or jump into water over their head and return to the surface.
 2. Float or tread water for one minute.
 3. Turn around in a full circle and find an exit.
 4. Swim 25 yards to exit the water.
 5. Exit the water. If in a pool, be able to exit without using the ladder.
- ❑ **Install fences around home pools.** A pool fence should surround all sides of the pool and be at least four feet tall with self-closing and self-latching gates.
- ❑ **Empty kids' pools after each use.** Store them upside down so they do not collect water.
- ❑ **Know what to do in an emergency.** Learning CPR and basic water rescue skills may help you save a child's life.

