HAWAIʻI PACIFIC HEALTH | KAPIʻOLANI MEDICAL CENTER FOR WOMEN & CHILDREN

Monday, November 16

Breakfast: Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage
Rotation: Garlic Fried rice
Breakfast Special: Breakfast Croissant – Sausage, Egg, & Cheese

Chef's Healthy & Hearty Soup: Loaded Potato, Split Pea
Lunch Salad Special: Chinese Chicken Salad
Lunch Sandwich Special: Turkey Bacon Club Wrap

Lunch & Dinner Special: Pork Guisantes, Teriyaki Chicken
House Fried Rice, Famer's Market Vegetable Medley
Vegetarian Special: Balsamic Roasted eggplant & Peppers

Tuesday, November 17

Breakfast: Scrambled Egg, Bacon, Corned beef Hash, Portuguese sausage
Rotation: Mochi Pancake
Breakfast Special: Loco Moco

Chef's Healthy & Hearty Soup: Mulligatawny, Tuscan Kale & Bean

Lunch Salad Special: Pesto Arugula Caprese Salad
Lunch Sandwich Special: Turkey Reuben Panini

Lunch & Dinner Special: Italian Style Roast Pork, Chicken Parmigiana
Garlic Spaghetti, Steamed Vegetable Medley
Vegetarian Special: Roasted Pesto Vegetables

Wednesday, November 18

Breakfast: Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage
Rotation: Country Potatoes
Breakfast Special: Breakfast Burrito – Bacon, Scramble Eggs, Cheddar cheese shred, Country Potato

Chef's Healthy & Hearty Soup: Chicken Noodle, Beef Vegetable Barley
Lunch Salad Special: Asian Spinach w/ Chicken Salad
Lunch Sandwich Special: Philly Cheese Steak Wrap

Lunch & Dinner Special: Beef Stew, Local Style Shoyu Chicken
Mashed Potato, Steamed Broccoli & Cauliflower
Vegetarian Special: Kung Pao Tofu

Thursday, November 19

Breakfast: Scrambled Egg, Pork Sausage Link, Corned beef Hash, Bacon
Rotation: French Toast
Breakfast Special: Ham & Cheese Omelet

Chef's Healthy & Hearty Soup: Minestrone, Potato & Leek Soup
Lunch Salad Special: Grilled Balsamic Chicken Garden Salad
Lunch Sandwich Special: BBQ Kalua Pork and Black Bean Quesadilla

Lunch & Dinner Special: Korean Roast Pork, Chicken Katsu
Garlic Roasted Red Potatoes, Confetti Vegetable
Vegetarian Special: Stir Fry Vegetable w/ Tofu in Garlic Black Bean Sauce

Friday, November 20

Breakfast: Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage
Rotation: Tater Tots
Breakfast Special: Denver Omelet

Chef's Healthy & Hearty Soup: Cuban Black Bean, Chicken Pozole Soup
Lunch Salad Special: Shrimp & Calamari Ceviche Salad
Lunch Sandwich Special: Cuban Panini
Lunch & Dinner Special: Cuban Creole Stew, Tex Mex Chicken
Oven Roasted Garlic Red Potato, Baja Roasted vegetables
Vegetarian Special: Three Bean Chili

Saturday, November 21

Breakfast: Scrambled Egg, Pork Sausage Link, Corned beef Hash, Bacon
Rotation: Banana Pancakes
Breakfast Special: Breakfast Sandwich – Ham, Egg & Cheese Croissant

Chef's Healthy & Hearty Soup: Egg Drop, Ginger Chicken Rice Soup
Lunch Sandwich Special: Turkey Bacon Club Sandwich
Lunch & Dinner Special: Kalua Pig and Cabbage, Huli Huli Chicken
Smashed Okinawan Sweet Potato, Steamed Vegetable Medley
Vegetarian Special: Vegetable Pasta Bake

Sunday, November 22

Breakfast: Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage
Rotation: House Fried Rice
Breakfast Special: Eggs Benedict

Chef's Healthy & Hearty Soup: Hot Sour Soup, Cream of Mushroom
Lunch Sandwich Special: Bacon Cheeseburger
Lunch & Dinner Special: Grilled Bulgogi Beef, Chicken Adobo
Garlic Fried rice, Hoisin Charred Eggplant

Vegetarian Special: Korean Stir Fry w/Tofu