



**Instructions for Patient in Preparation for  
Pulmonary Function or Breathing Test**

1. **Do not take any Rescue Inhalers at least 4 hrs prior to appointment.**  
**Albuterol Sulfate: (ProAir, Ventolin, Proventil), Levalbuterol: (Xopenex).**  
  
Or **Nebulizer Treatments** with these medication solutions:  
**Albuterol Sulfate or Levalbuterol**  
**Duoneb (Ipratropium Bromide and Albuterol).**
2. You **May Take** your other medications (tablets, capsules, syrups) and your **Maintenance Inhalers** as usual unless told to stop them by your doctor.  
Maintenance Inhalers include: **Advair, Symbicort, Breo Ellipta, Dulera, Pulmicort, Alvesco, Flovent, Anoro Ellipta, Atrovent, Spiriva, Tudorza, Combivent Respimat.**
3. **Do Not Smoke** at least 12 hours before test.
4. **Bring a list of all your medications and supplements.**
5. If you are having an **Oximetry exam.** wear comfortable shoes.
6. **Eat a light meal.**
7. **Bring Proof of Identity** in order to register at Guest Registration.
8. **Check in at Guest Registration,** 2<sup>nd</sup> floor Hospital Tower, 20 minutes before your appointment.
9. If you are unable to keep your appointment, **please give 24-hour notice.**  
Please call **Contact Center at 535-7000** to cancel or reschedule.
10. If you have any questions regarding your procedure, please call the **Pulmonary Function Lab at 485-4603** or **Respiratory Care Department at 485-4389.**