

PATIENT PREPARATION INSTRUCTIONS

Screening Mammogram | Tomosynthesis | Breast Ultrasound | Bone Density/DEXA

Appointment Date: _____ Time: _____

- If you take calcium supplements, **DO NOT take them for 24 hours prior to your test (DEXA appointments only).**
- Check in at least 15 minutes prior to your appointment. Do not wear clothing that has metal or metal accessories. Choose pants that have an elastic waistband.
- Please **DO NOT USE** perfume, deodorant, powder, ointments, lotions or bath oils.
- Contact your insurance company directly if you have questions about your coverage.

If you need to reschedule your appointment, please contact us at one of the following locations:

**KAPI'OLANI MEDICAL CENTER
WOMEN'S CENTER - ARTESIAN PLAZA**

1907 South Beretania Street, 5th Floor
Honolulu, HI 96826
T 808-527-2588 | F 808-973-6537
Kapiolani.org

**PALI MOMI MEDICAL CENTER
WOMEN'S CENTER**

98-1005 Moanalua Road
Aiea, HI 96701
T 808-485-4500 | F 808-485-4505
PaliMomi.org

WOMEN'S CENTERS

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KAPI'OLANI
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