



Monday, July 6

- Breakfast:** Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage
Rotation: House Fried Rice
Breakfast Special: Biscuit & Sausage Gravy
- Chef's Healthy & Hearty Soup:** Portuguese bean, Beef Vegetable
Lunch Salad Special: Somen Salad
Lunch Sandwich Special: Teriyaki Burger with Cheese
- Lunch & Dinner Special:** Pork Adobo, Shoyu Chicken
House Fried Rice, Farmer's Market Vegetable Medley
- Vegetarian Special:** Baked Teriyaki Tofu

Tuesday, July 7

- Breakfast:** Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage
Rotation: Mochi Pancake
Breakfast Special: Loco Moco
- Chef's Healthy & Hearty Soup:** Minestrone, Chicken Noodle Soup
Lunch Salad Special: Classic Chicken Caesar Salad
Lunch Sandwich Special: Meatball Sub
- Lunch & Dinner Special:** Penne Bolognese Bake, Chicken Cacciatore
Garlic Spaghetti, Roasted Vegetables w/ Italian Parsley
- Vegetarian Special:** Spaghetti squash Primavera

Wednesday, July 8

- Breakfast:** Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage
Rotation: Country Potatoes
Breakfast Special: Breakfast Burrito – Bacon, Scramble Eggs, Cheddar cheese shred, Country Potato
- Chef's Healthy & Hearty Soup:** Cream of Spinach, Jambalaya Soup
Lunch Salad Special: Pesto Chicken Spinach Salad
Lunch Sandwich Special: Philly Cheese Steak Sandwich
- Lunch & Dinner Special:** Beef Pot Roast, Baked BBQ Chicken
Scalloped Potatoes, Roasted Corn & Vegetables
- Vegetarian Special:** Vegetable Curry

Thursday, July 9

Breakfast: Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage
Rotation: Tater Tots
Breakfast Special: Blueberry Pancakes

Chef's Healthy & Hearty Soup: Potato & Leek Soup, Tomato Bisque with Fresh Basil
Lunch Salad Special: Grilled Balsamic Chicken Garden Salad
Lunch Sandwich Special: Chicken Parm Sandwich

Lunch & Dinner Special: Italian Roast Pork, Chicken Piccata
Spaghetti with Olive oil & Garlic, Provencal Roasted vegetables

Vegetarian Special: Stewed Chickpea and Zucchini

Friday, July 10

Breakfast: Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage
Rotation: House Fried Rice
Breakfast Special: Portuguese sausage & Cheese Omelet

Chef's Healthy & Hearty Soup: Beef Vegetable, Chicken Tortilla Soup
Lunch Salad Special: Beef Taco Salad
Lunch Sandwich Special: Chicken Fajita Panini

Lunch & Dinner Special: Texas BBQ Beef, Southwestern Chicken
Oven Roasted Garlic Red Potato, Baja Roasted vegetables

Vegetarian Special: Three Bean Chili

Saturday, July 11

Breakfast: Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage
Rotation: Banana Pancakes
Breakfast Special: Breakfast Sandwich – Ham, Egg & Cheese Croissant

Chef's Healthy & Hearty Soup: Egg Drop, Ginger Chicken Rice Soup
Lunch Sandwich Special: Mushroom Burger
Lunch & Dinner Special: Japanese Beef Curry, Herb Baked Chicken w/ Mushroom Sauce

Mashed Potatoes, Seasoned Vegetable Confetti

Vegetarian Special: Vegetable Pasta Bake

Sunday, July 12

Breakfast: Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage
Rotation: French Toast
Breakfast Special: Eggs Benedict – Canadian Bacon, poached egg, Hollandaise Sauce, English Muffin

Chef's Healthy & Hearty Soup: Hot Sour Soup, Cream of Mushroom
Lunch Sandwich Special: BBQ pulled Pork Sub with coleslaw
Lunch & Dinner Special: Local Sweet & Sour Pork, Teriyaki Chicken
Garlic Fried rice, Roast Vegetables

Vegetarian Special: Mongolian Stir Fry w/Tofu