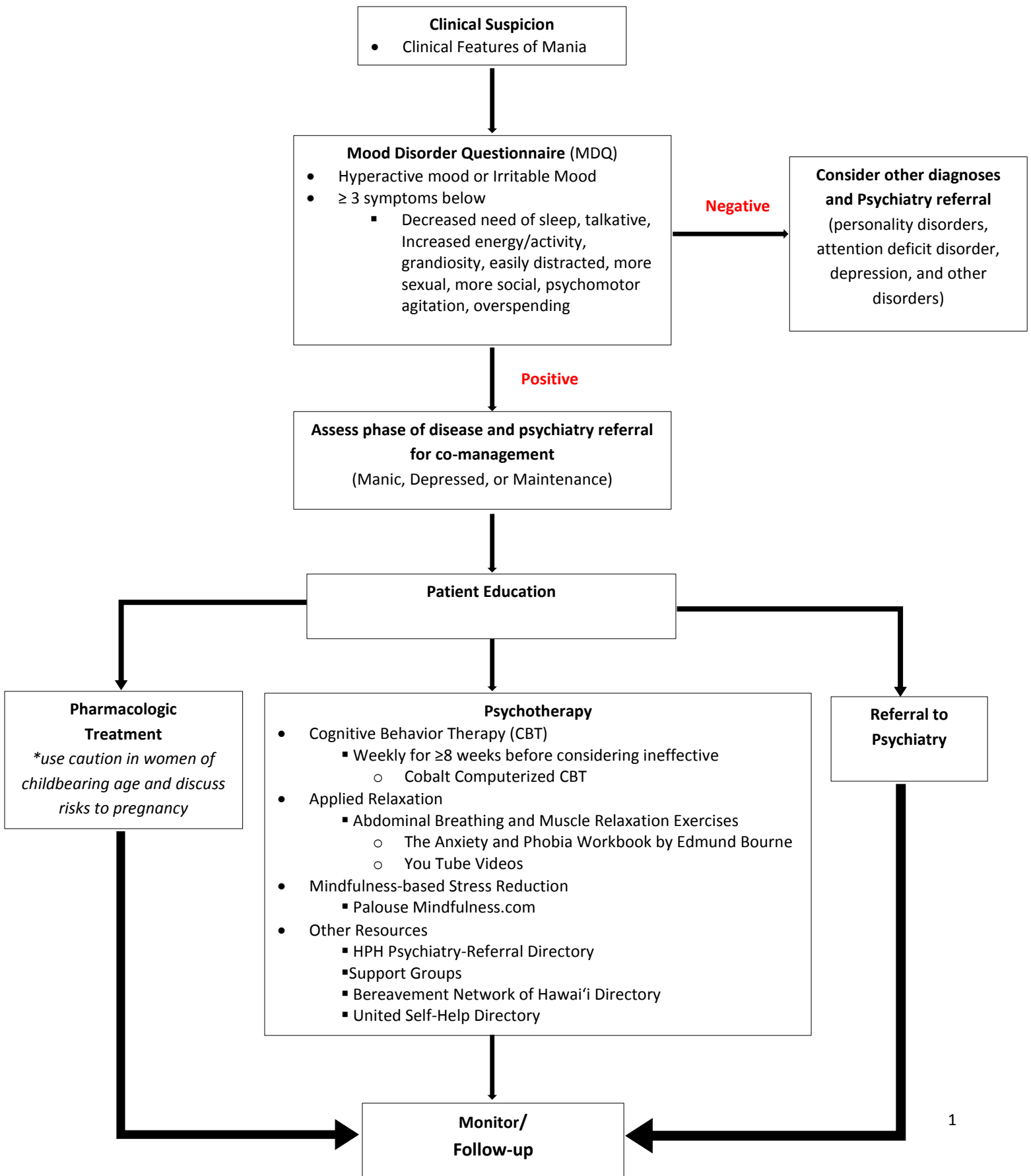


Disclaimer: These referral guidelines have been generated by HHP specialists in collaboration with primary care physicians and are a work in progress. They are provided as general guidance to practicing clinicians, may change with time, and are not intended to supersede the medical judgment of the clinician.

MOOD DISORDER AND BIPOLAR Effective December 21, 2017



Disclaimer: These referral guidelines have been generated by HHP specialists in collaboration with primary care physicians and are a work in progress. They are provided as general guidance to practicing clinicians, may change with time, and are not intended to supersede the medical judgment of the clinician.

**PHARMACOLOGIC TREATMENT
MANIC**

Medication	Dosage Range	Cost of 1 month supply: Generic (Brand)
<p>MORE URGENT: Valproic Acid</p> <p>Other Options: 2nd generation Antipsychotics Other Antiepileptic Short-term Benzodiazepines Lithium</p>	<ul style="list-style-type: none"> Start at 250 mg 1 to 2 times a day and titrate to 1000-2000 mg/day divided BID to control symptoms Monitor drug levels initially every 2 weeks until therapeutic trough 50-125mcg/ml or symptoms are controlled After therapeutic, monitor every 4-6 months 	<p>\$9-12</p> <p>\$8-30 \$8-50 \$5-10</p>
<p>LESS URGENT: 2nd Generation Antipsychotic to lower dose Quetiapine Fumarate</p> <p>Other Options: 2nd generation antipsychotic Valproic Acid Lithium</p>	<ul style="list-style-type: none"> Start with 25-50 mg at night and titrate up weekly by 25-50 mg to control symptoms to a dose of 200-400 mg BID Consider BID dosing above 200 	<p>\$7-12</p> <p>\$9-12 \$5-10</p>

DEPRESSION

Medication	Dosage Range	Cost of 1 month supply: Generic (Brand)
<p>MORE URGENT: 2nd Generation Antipsychotic Quetiapine Fumarate</p> <p>Other Options: 2nd generation Antipsychotics plus an SSRI and Lithium</p>	<ul style="list-style-type: none"> 50 mg at bedtime for 1-3 days Then 100 mg at bedtime for 1-3 days Then 200 mg at bedtime for 1-3 days with continued titration to 600 mg at bedtime Consider BID dosing above 200 mg 	<p>\$7-12</p> <p>\$5-10</p>
<p>LESS URGENT: Lamotrigine</p> <p>Other Options: Lithium</p>	<ul style="list-style-type: none"> 25 mg at bedtime for 2 weeks Then 50 mg at bedtime for 2 weeks Then 100 mg at bedtime for 2 weeks Then 200 mg at bedtime Watch for rash 	<p>\$7-12</p> <p>\$5-10</p>

Disclaimer: These referral guidelines have been generated by HHP specialists in collaboration with primary care physicians and are a work in progress. They are provided as general guidance to practicing clinicians, may change with time, and are not intended to supersede the medical judgment of the clinician.

MAINTENANCE

Medication	Dosage Range	Cost of 1 month supply: Generic (Brand)
Lamotrigine Other Options: Lithium Valproic Acid 2 nd Generation Antipsychotics	<ul style="list-style-type: none"> • 25 mg at bedtime for 2 weeks • Then 50 mg at bedtime for 2 weeks • Then 100 mg at bedtime for 2 weeks • Then 200 mg at bedtime • Watch for rash 	\$7-12 \$5-10 \$9-12