

A FREE Advance Care Planning Event

Advance Care Planning is the process of thinking about, talking about, writing down and sharing your own health care wishes. It is the greatest gift we can give to our loved ones.

Have you completed your advance directives?
Who is your health care power of attorney?
What is Provider Orders for Life-Sustaining Treatment (POLST)?

*Please bring your family and loved ones
with you to discuss these important
topics together.*

SPEAKERS:

Dawn Minaai, MD, and fellow guest speakers

CLASS OPTIONS:

Jun. 23 (Fri), 2017, 8:30 to 11:00 a.m.

Sep. 22 (Fri), 2017, 8:30 to 11:00 a.m.

Dec. 1 (Fri), 2017, 8:30 to 11:00 a.m.

WHERE:

**First Insurance Center
1100 Ward Ave., 9th Floor, Room 980**

VALIDATED PARKING:

1100 Ward Ave., Honolulu, HI 96814

Refreshments will be provided. Attendees and their health care power of attorney or loved one are encouraged to participate. Seating is limited. Call 808-532-6380 or register via the Hawai'i Pacific Health website Straub: <https://www.hawaiiipacifichealth.org/health-wellness/events/advance-care-planning-registration/>

A notary will be available to those who want to complete their Advance Health Care Directive after the class.

Visit kokuamau.org to obtain and review a copy of the Hawai'i Advance Health Care Directive prior to attending the event.

