

Physical Medicine & Rehabilitation



Heather Hopkins, MD, PT

Education	College	Northern Arizona University Flagstaff, Arizona
	Medical School	University of Texas Southwestern Medical Dallas, Texas Parkland Health and Hospital System Dallas, Texas
	Internship & Residency	University of Texas Southwestern Medical Dallas, Texas
Certification	Board certified by the American Board of Physical Medicine and Rehabilitation. Board certified in Sports Medicine, Board certified in Integrative and Holistic Medicine. Certificate in Plant Based Nutrition, Cornell University . Hawaii-MD, current CPR, current	
Professional Associations	Dr. Hopkins is a member of the American Academy of Physical Medicine and Rehabilitation, the American College of Sports Medicine, the American College of Preventive Medicine, the American College of Lifestyle Medicine, Physicians Committee for Responsible Medicine, Institute for Functional Medicine and Life-time Member USA Swimming.	
Professional Interests	Sports medicine, preventative medicine, use of supplements in orthopedic conditions, integrative and functional medicine, electrodiagnostic studies and ultrasound guided procedures.	
Personal Interests	Nutrition and ultrasound guided orthopedic procedures.	