

**HAWAI'I
PACIFIC
HEALTH**

PALI MOMI
MEDICAL CENTER



Pali Momi Medical Center Community Health Improvement Plan

— September 2016 —

Table of Contents

- 1 Introduction..... 3
- 2 Community Served by Pali Momi Medical Center..... 4
- 3 Community Benefit Planning Process 6
 - 3.1 Development of the Community Health Needs Assessment 6
 - 3.2 Areas of Need 6
 - 3.3 Priorities 6
- 4 Community Health Improvement Strategy.....7
 - Priority Area 1: Access to Health Services7
 - Strategy 1.1: Support development of West O‘ahu’s health care workforce.....7
 - Strategy 1.2: Increase access to health services for medically-underserved communities and vulnerable populations7
 - Strategy 1.3: Provide and subsidize health services that would not otherwise be available to the community 8
 - Priority Area 2: Diabetes 8
 - Strategy 2.1: Improve diabetes self-management 8
 - Strategy 2.2: Prevent diabetes by reducing obesity and developing healthy lifestyles 8

1 Introduction

Pali Momi Medical Center is pleased to share its Community Health Improvement Plan, which follows the development of the March 2016 Community Health Needs Assessment. In accordance with requirements in the Affordable Care Act and IRS 990 Schedule H requirements, this Plan was approved by the Board of Directors for Pali Momi Medical Center on September 21, 2016.

2 Community Served by Pali Momi Medical Center

Pali Momi Medical Center serves the health needs of residents in West Oahu, Hawai'i, including the Census County Divisions of Ewa, Wahiawa, Waialua, and Waianae. In 2009-2013, West Oahu had a population of 476,408.¹

West Oahu's population is younger than the rest of the Honolulu County and state of Hawai'i. Children under 18 made up 25.5% of the region's population (compared to 21.9% in Honolulu County and 22.2% in Hawai'i) and adults over 65 made up 11.8% of the population (compared to 14.9% in the county and 14.8% in the state).

The largest single race group in West Oahu is Asian at 40.4%, with the majority of the Asian population identifying as Filipino or Japanese. The Black/African American, Native Hawaiian and Other Pacific Islander, multiracial, and Hispanic populations are relatively larger in West Oahu than both Honolulu County and Hawai'i overall, and a closer examination of the multiracial population shows that the majority (59.8%) of West Oahu residents identified as any part Asian.¹

The 2008-2012 median household income in West Oahu (\$77,045) was relatively high compared to the county (\$72,292) and the state (\$67,492).² However, per capita income was just \$27,652 in West Oahu in 2009-2013, lower than Honolulu County (\$30,361), Hawai'i (\$29,305), and the U.S. (\$28,155).¹ Larger household sizes account for this juxtaposition. While the average household has 3.0 members in Hawai'i and Honolulu County, the average West Oahu household has over 3.3 members.

9.0% of West Oahu's population lived below poverty level in 2009-2013, comparable to Hawai'i overall (11.2%) and lower than the U.S. average (15.4%). It is important to note, however, that federal definitions of poverty are not geographically adjusted, so the data may not adequately reflect the proportion of residents who struggle to provide for themselves due to the high cost of living across the state of Hawai'i. Certain race/ethnic groups in West Oahu are also more affected by poverty: overall, the "Other" and Native Hawaiian or Other Pacific Islander populations had the highest poverty rates in 2009-2013.¹

A comparable percentage of West Oahu and Honolulu Count residents have at least a high school degree or a bachelor's degree. However, rates of completing higher education were

Figure 2.1: Pali Momi Service Area Map



¹ U.S. Census Bureau, American Community Survey, 2009-2013 Estimates

² U.S. Census Bureau, American Community Survey, 2008-2012 Estimates

lower: only 25.9% of West Oahu residents ages 25 and older had at least a bachelor's degree, compared to 32.1% in the county and 30.1% in the state.¹

3 Community Benefit Planning Process

3.1 Development of the Community Health Needs Assessment

Fifteen Hawai'i hospitals across the state, including Pali Momi, jointly conducted a Community Health Needs Assessment (CHNA) to fulfill requirements mandated by the Affordable Care Act, and in accordance with final IRS rules issued on December 31, 2014. The Healthcare Association of Hawai'i led this collaboration to conduct state- and county-wide assessments. Following the development of a Honolulu County CHNA, Pali Momi contracted with Healthy Communities Institute to develop a CHNA report focused on the hospital's West Oahu service area.

3.2 Areas of Need

The CHNA looked at health broadly and considered a wide array of health and quality of life data. These five topic areas were identified as being the highest areas of need for West O'ahu:

Access to Health Services	Diabetes	Maternal, Fetal & Infant Health
Respiratory Diseases	Teen & Adolescent Health	

3.3 Priorities

In January 2016, Pali Momi's Community Benefit team prioritized the significant community health needs of West Oahu considering several criteria:

- Alignment with CHNA
- Opportunity for partnership
- Availability of existing resources or programs
- Opportunities to address disparities or race/ethnic sub-groups
- Community input from stakeholder interviews

A Prioritization Matrix methodology was used to select the priority topic areas for the hospital's Community Health Improvement Strategy. For each of the prioritization criteria listed above, the top five topic areas were scored using a scale of 1-3, and scores were totaled to establish ranks for each of the topic areas. These ranking results were tabulated across the Community Benefit Team participants to establish the top two Pali Momi priorities.

After reviewing the scoring and ranking, the top two topic areas selected as priorities were:

- Access to Health Services
- Diabetes

4 Community Health Improvement Strategy

Priority Area 1: Access to Health Services

Strategy 1.1: Support development of West O‘ahu’s health care workforce

Activities	Hospital Resources	Partners
Train physicians in a family practice medical residency program at Pali Momi.	Provide teaching staff and training site Contribute program funding	University of Hawai‘i, John A. Burns School of Medicine University Clinical Education & Research Associates (UCERA)
Present continuing medical education (CME) programming for community physicians.	Fund and administer program Provide expertise	
Recruit physicians to West O‘ahu for specialties where the area has a documented shortage.	Provide recruiting staff Fund recruitment activities	

Strategy 1.2: Increase access to health services for medically-underserved communities and vulnerable populations

Activities	Hospital Resources	Partners
Contract for Medical Respite services upon discharge for homeless patients who require stepped-down care and a safe place to recover.	Provide funding for services	Mental Health Kokua Straub Medical Center
Conduct health and wellness programming on-site at community health centers, YMCAs, and other locations in communities with high socio-economic need, such as Wahiawa and Waipahu.	Fund and conduct programs	Wahiawa Center for Community Health Waipahu YMCA

Strategy 1.3: Provide and subsidize health services that would not otherwise be available to the community

Activities	Hospital Resources	Partners
Provide a Level 3 Trauma Center serving Central and West O’ahu. This service is not otherwise available in the service area.	Subsidize service line costs	Department of Health

Priority Area 2: Diabetes

Strategy 2.1: Improve diabetes self-management

Activities	Hospital Resources	Partners
<i>Diabetes Self-Management Education:</i> In partnership with Straub Medical Center, offer an American Diabetes Association-approved, evidence-based diabetes management education program to diabetics living in West O’ahu – with a focus on recruiting and enrolling high need and low-income populations.	Contribute program funding Organize and provide administrative support for programming in West O’ahu	Straub Medical Center

Strategy 2.2: Prevent diabetes by reducing obesity and developing healthy lifestyles

Activities	Hospital Resources	Partners
<i>NEW Keiki:</i> Provide this validated, family-based intensive lifestyle intervention for high BMI youth ages 7-18 at locations in West O’ahu, in partnership with the YMCA and HPH affiliated hospitals. Focus on enrollment from high need geographies and populations with health disparities.	Contribute program funding Organize programming in West Oahu	YMCA of Honolulu Kapiolani Medical Center for Women & Children Wilcox Medical Center Straub Medical Center

