



Aloha, and welcome to the June issue of Wilcox's Physician Enews Brief for medical staff.

This issue will inform medical staff of current news and event listings at our hospital.

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Aloha Kathy

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A Farewell Message

Here I am at the end of my career, reflecting over the highs and lows. I'm fortunate to say it has mostly been "highs."

My career started with an extreme low, the death of my husband of 13 years. However, I'm not sure I would have ever made it to nursing school had his accident not occurred.

Now, 36 years later, I have achieved a position I never aspired to be in. I truly believe that I was "led" to Kauai, possibly as much for my healing as for the hospital's.

We certainly got off to a rough start. I have to thank Noli Diaz for his help and support in those first years. He would come to my office on Friday afternoons and give me help and advice, and lots of history lessons. Between he and Paul Douglass I was never lacking advice, even when I



Kathy Clark
Wilcox Memorial Hospital
President & CEO,
Kauai Medical Clinic CEO

didn't ask for it.

I appreciated it none the less.

Following Noli, I had the pleasure of working with Chris Jordan for six years, and it was a pleasure. Those were the rough years, when we began to focus on the patient experience and our quality scores. Chris and I sat with many patients and family members as we were learning to make things right. I recall sitting in the back of the first Board Retreat while they were showing the quality results and Chris leaning over to me and asking me if we could leave. It was pretty embarrassing.

Look how far we have come. Craig has had a much easier job, with lots less to do, although he may not think so!

I feel you have all been my family these last 10 years. Many times I have felt like I was mother, sister, auntie, friend, disciplinarian, teacher, referee ... lots of other words come to mind ... but mostly, like we are all part of a whole.

I have always felt as though we were working together to achieve the same goals. When I said we got off to a rough start, I wasn't kidding – poor quality, poor finances, poor employee and physician engagement. But working together, we have moved the bar to be among the best in the state and in some areas the nation. I couldn't have asked for better partners.

I can't imagine being anywhere else, and as I have said many times, I would match the medical care here at Wilcox with any place I have ever worked. I am proud of Wilcox and all of you and the care you provide.

I am leaving you in good hands. You will like and work well with Jen. She is fair and well-respected at Pali Momi. Jen will lead you to the next level.

I will be following your results from my new home in Colorado Springs. If you are in the neighborhood, please look me up. I'll be the grandmother playing on the swings with the grandkids.

With much aloha always,
Kathy

Aloha Kathy

Please join us in wishing Kathy Clark farewell and happy retirement. [See flier for details.](#) Per Kathy's request, in lieu of lei, you are invited to make a donation to the Wilcox Health Foundation in her honor.

Hawaii Pacific Health among Top Organizations in Employee Engagement

Hawaii Pacific Health has been recognized with the prestigious Gallup Great Workplace Award for the fourth year in a row.

The award recognizes HPH as one of 40 organizations leading the world in employee engagement with winners based in a wide range of countries including Canada, China, India, Indonesia, Netherlands, Singapore, Thailand, the United Arab Emirates, the United Kingdom and the United States.

A team from HPH accepted the award on behalf of our organization earlier this month at the Gallup Workplace Summit in Omaha, Nebraska.

HPH is currently ranked in the 86th percentile when benchmarked to a Gallup database of more than 1.3 million health care employees, and averages nine engaged employees for every one actively disengaged employee, which is five times the rate in the U.S. and more than 16 times the rate for workforces globally.

All of the companies honored with the award are recognized for the business impact achieved by integrating engagement into four areas that Gallup has identified as vital to cultivating a workplace culture of engagement: strategy and leadership, accountability and performance, communication and knowledge management, and development and ongoing learning.

Wilcox Memorial Hospital Launches New Health and Well-Being Website for Kauai

Wilcox has launched a new health and well-being website, LiveHealthyKauai.org, that includes a wide variety of information and tips for leading a healthy and active lifestyle.

"Our Live Healthy Kauai website recognizes the need for a holistic, convenient health service platform for anyone on Kauai, kamaaina or visitor," said Kathy Clark, president and CEO of Wilcox Memorial Hospital and CEO of Kauai Medical Clinic. "We know that physical activity levels, diet and weight have profound effects on chronic diseases and health conditions, such as diabetes and high blood pressure. With this website, we hope to help people find the tools and resources they need to live and stay healthy, no matter their age or fitness level."

In addition to information on nutrition, fitness classes and activities, hiking trails and health screenings, LiveHealthyKauai.org also features a login area where users can track their individual health and wellness goals, including their weight, exercise, BMI and caloric intake.

Using fresh, light colors and a simplistic, mobile phone and tablet-friendly design, the website allows for on-the-go access and for users to easily navigate and stay on top of future happenings on the Garden Isle.

Featured sections include:

- Healthy Eating for recipes and nutrition tips
- Active Living with stories on outdoor activities, fitness classes, ocean sports and other fitness ideas
- Resources for information on preventive screening, illnesses, youth and senior programs
- Events Calendar with an extensive rundown of things to do

The site also includes listings of health food stores, farmers markets, gyms, neighborhood centers, beaches and more, as well as an island-wide map showing all locations.

So hele on to LiveHealthyKauai.org. A healthier you is just a click away!

Healthy Pursuits: A Monthly Patient Enewsletter

Wilcox recently started publishing a monthly patient enewsletter, and we want all employees and physicians to have the opportunity to receive it too.

By subscribing to our patient enewsletter, you will have access to useful health and wellness information to share with your patients. You also can stay informed of the topics patients are interested in learning more about.

You can opt-in via the website link [here](#) to subscribe to receive the enewsletter via your personal email address at home.

We have similar e-newsletters for each HPH hospital that you may also want to receive.

For questions or feedback, please send an email to wilcox@healthypursuits.org.

Be Prepared

Hurricane season began on June 1 and will last through November 30. Please see the 2015 Hurricane Season memos for [employees](#) and [managers](#) for preparation instructions.

Contact your Safety Officer for questions or more information.

Kids Summer Fest 2015



Wilcox Memorial Hospital held Kids Summer Fest 2015 at Smith's Tropical Paradise at Wailua Marina June 13. This free event for kids and families is presented annually to

promote healthy, active lifestyles and childhood injury prevention.

Among this year's highlights were free sports physicals for children ages 5-18, a meet-and-greet with hospital facility dog Tucker, and the chance for children to win a bike and helmet. Health and wellness workshops also provided educational information on a variety of topics.

[Click here to view more photos.](#)

In the News

Here is a look at some of our physicians and specialists who have been featured in the news recently:

- **Jesse Pasag** – physical therapist and clinical orthopedic specialist
 - Midweek Kauai, March 25: Pasag talks about the LiteGait therapy system, Wilcox Memorial Hospital's new rehabilitation tool that is the first of its kind on Kauai.

See the article – [New Rehabilitation Tool At Wilcox](#)

- **Dr. Erin Waters** – obstetrics and gynecology specialist
 - Honolulu Star-Advertiser, April 22: On the Move: Wilcox Memorial Hospital has announced new hires to its physician staff

See the article – [On the Move](#)

- **Dr. Grace Galiza** – pediatrician specializing in pediatric dermatology
 - Honolulu Star-Advertiser, April 22: On the Move: Wilcox Memorial Hospital has announced new hires to its physician staff.

See the article – [On the Move](#)

Upcoming Events

CATCH Conference

Congenital heart disease (CHD) is the most common defect in the United States, occurring in one out of every 110 births.

Currently, there are more than 1 million adults in the U.S. living with congenital heart disease, and this number continues to rise.

To address this growing need, Hawaii Pacific Health will host CATCH: Caring for Adults and Teens with Congenital Heart Disease Aug. 22 at the Hilton Hawaiian Village, Coral Ballroom 1 and 2.

Adolescents and adults with CHD face unique challenges that require a specialized team of clinicians that includes primary care physicians, cardiologists, internists, nurses and other health professionals.

At CATCH, an expert faculty from Hawaii and California will provide a comprehensive overview of research-based, cutting-edge care by medical professionals with special expertise in the complexities of CHD.

By the end of the conference, participants will be able to:

- Identify potential comorbid conditions and complications in adults and teens with CHD.
- Review diagnostic and treatment options for adults and teens with CHD.

HPH is accredited by the Hawaii Medical Association to provide continuing medical education for physicians.

HPH designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The HPH Continuing Education Department is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. HPH designates this live activity for a maximum of 6.0 ANNC contact hours.

Early registration by June 30 costs \$95 for physicians and \$75 other health professionals. Regular registration costs \$125 for physicians and \$105 other health professionals.

To register, please complete the form found in the brochure [here](#) and return to Hawaii Pacific Health Conference Services, or call 522-3469 for more information.

Continuing Medical Education (CME)

- Cancer Conference (Tumor Board): July 1
- Journal Club: July 10
- "Blood Product Utilization Update and Transfusion Guidelines" with Jeffery Cronk, MD: July 13
- "Abnormal Uterine Bleeding" with Carol Fujiyoshi, MD: July 20
- "Congenital Cytomegalovirus Update – Impact on Newborn Hearing Screening" with Lynn Iwamoto, MD: July 27
- Trauma Grand Rounds: Aug. 4
- Cancer Conference (Tumor Board): Aug. 5
- "Idiopathic Pulmonary Fibrosis" with Jeffrey Golden, MD: Aug. 31
- Trauma Grand Rounds: Sept. 1
- Cancer Conference (Tumor Board): Sept. 2
- Journal Club: Sept. 11

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To request disability accommodations, contact Medical Staff Services at 245-1173 at least one day prior to the activity.

** Programs and dates subject to change. Please check WMH intranet calendar for updates.*

Medical Staff and Department Meetings

- Medical Staff Meeting: July 14
- Department of Surgery Meeting: Aug. 18
- Department of Medicine Meeting: Aug. 19
- Department of OB-GYN/Pediatrics Meeting: Aug. 28

Holidays & Observances

- Independence Day – Saturday, July 4 (Observance Friday, July 3)
- Admission Day – Friday, Aug. 21
- Labor Day – Monday, Sept. 7

Welcome New Members and Allied Health Professionals

Edith D. Canby-Hagino, MD
Urology
2/1/2015

Michael E. Carney, MD
Gynecologic Oncology
11/1/2014

Sundip S. Patel, DO
Urology
5/21/2015

Questions? Contact Stephanie Taniguchi at staniguchi@wilcoxhealth.org.

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The Wilcox Physician enews brief is produced quarterly to keep the medical staff informed of the latest news at our hospital. This enewsletter replaces the printed version of the Wilcox Physician News Bulletin.

Wilcox is part of the not-for-profit Hawaii Pacific Health network.