



**Monday, January 12**

**Breakfast:** Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage

**Rotation:** Garlic Fried rice

**Breakfast Special:** Breakfast Croissant – Sausage, Egg, & Cheese

**Chef's Healthy & Hearty Soup:** Loaded Potato, Split Pea

**Lunch Salad Special:** Roasted Portobello Cobb

**Lunch Sandwich Special:** Turkey Bacon Club Wrap

**Lunch & Dinner Special:** Pork Guisantes, Teriyaki Chicken,  
House Fried Rice, Farmer's Market Vegetable Medley

**Vegetarian Special:** Balsamic Roasted eggplant & Peppers

**Tuesday, January 13**

**Breakfast:** Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage

**Rotation:** Mochi Pancake

**Breakfast Special:** Loco Moco

**Chef's Healthy & Hearty Soup:** Mulligatawny, Tuscan Kale & Bean

**Lunch Salad Special:** Grilled Salmon with Watercress, Tomato and Onion

**Lunch Sandwich Special:** Turkey Avocado Bacon Panini

**Lunch & Dinner Special:** Italian Style Roast Pork, Chicken Parmigiana  
Garlic Spaghetti, Roasted Pesto Vegetables

**Vegetarian Special:**

**Wednesday, January 14**

**Breakfast:** Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage

**Rotation:** Country Potatoes

**Breakfast Special:** Breakfast Burrito – Bacon, Scramble Eggs, Cheddar cheese shred, Country Potato

**Chef's Healthy & Hearty Soup:** Chicken Noodle, Beef Vegetable Barley

**Lunch Salad Special:** Asian Spinach and Chicken Salad

**Lunch Sandwich Special:** Steak, Peppers, and Cheese Wrap

**Lunch & Dinner Special:** Beef Stew, Local Style Shoyu Chicken, Mashed Potato, Steamed Broccoli

**Vegetarian Special:** Kung Pao Tofu

### **Thursday, January 15**

**Breakfast:** Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage  
**Rotation:** French Toast  
**Breakfast Special:** Ham & Cheese Omelet

**Chef's Healthy & Hearty Soup:** Minestrone, Potato & Leek Soup  
**Lunch Salad Special:** Grilled Balsamic Chicken Garden Salad  
**Lunch Sandwich Special:** Kalua Pork and Black Bean Quesadilla

**Lunch & Dinner Special:** Roast Pork, Natural Jus, Asian Pesto Seared Chicken, Wasabi cream  
Garlic Roasted Red Potatoes, Confetti Vegetable  
**Vegetarian Special:** Stir Fry Vegetable with Tofu in a Garlic Black Bean Sauce

### **Friday, January 16**

**Breakfast:** Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage  
**Rotation:** Tater Tots  
**Breakfast Special:** Denver Omelet

**Chef's Healthy & Hearty Soup:** Cuban Black Bean, Chicken Pozole Soup  
**Lunch Salad Special:** Shrimp & Calamari Ceviche Salad  
**Lunch Sandwich Special:** Cuban Panini

**Lunch & Dinner Special:** Cuban Creole Stew, Tex Mex Chicken  
Oven Roasted Garlic Red Potato, Baja Roasted vegetables  
**Vegetarian Special:** Three Bean Chili

### **Saturday, January 17**

**Breakfast:** Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage  
**Rotation:** Banana Pancakes  
**Breakfast Special:** Breakfast Sandwich – Ham, Egg & Cheese Croissant

**Chef's Healthy & Hearty Soup:** Egg Drop, Ginger Chicken Rice Soup  
**Lunch Sandwich Special:**  
**Lunch & Dinner Special:** Kalua Pig and Cabbage, Huli Huli Chicken  
Smashed Okinawan Sweet Potato, Steamed Vegetable Medley  
**Vegetarian Special:** Vegetable Pasta Bake

### **Sunday, January 18**

**Breakfast:** Scrambled Egg, Pork Sausage Link, Corned beef Hash, Portuguese sausage  
**Rotation:** House Fried Rice  
**Breakfast Special:** Eggs Benedict

**Chef's Healthy & Hearty Soup:** Hot Sour Soup, Cream of Mushroom  
**Lunch Sandwich Special:** Bacon Cheeseburger  
**Lunch & Dinner Special:** Grilled Bulgogi Beef, Chicken Adobo  
Garlic Fried rice, Roasted Vegetable Medley  
**Vegetarian Special:** Korean Stir Fry w/Tofu