



Monday, December 8

Breakfast: French Toast, Fried Rice, Grilled Ham, Scrambled Eggs, Pork Link Sausage, Portuguese Sausage, Corned Beef Hash

Chef's Healthy & Hearty Soup: Tuscan White Bean, Chicken Tortilla

Lunch & Dinner Aloha Meal: Beef Ragout with Mushroom, Teriyaki Chicken
Mashed Potatoes, Sautéed Vegetable Medley

Vegetarian: Penne Melanzana

Tuesday, December 9

Breakfast: Tater Tots, Blueberry Pancake, Scrambled Eggs, Pork Link Sausage, Portuguese Sausage, Corned Beef Hash

Chef's Healthy & Hearty Soup: Ginger Chicken Rice, Portuguese Bean

Lunch & Dinner Aloha Meal: Roast Pork, Natural Gravy, Chicken Cacciatore
Garlic Spaghetti, Roasted Vegetable Medley

Vegetarian: Vegetable and Tofu Stir Fry w/Japanese Sauce

Wednesday, December 10

Breakfast: Country Potatoes, Portuguese Sausage, Scrambled Eggs, Pork Link Sausage, Portuguese Sausage, Corned Beef Hash

Chef's Healthy & Hearty Soup: Cream of Watercress, Crab Jambalaya

Lunch & Dinner Aloha Meal: Yankee Pot Roast, Baked Barbecue Chicken
Scalloped Potatoes, Buttered Corn with Peppers

Vegetarian: Green Bean, Almond, and Potato Curry

Thursday, December 11

Breakfast: Mochi Pancake, Fried Rice, Scrambled Eggs, Pork Link Sausage, Portuguese Sausage, Corned Beef Hash

Chef's Healthy & Hearty Soup: Tomato Basil Bisque, Beef Vegetable

Lunch & Dinner Aloha Meal: Pork Guisantes, Chicken Piccata, Lemon Capers Sauce
Garlic Herb Spaghetti, Roasted Vegetable Medley

Vegetarian: Roasted Cauliflower and Chickpea Stew

Friday, December 12

Breakfast: Tater Tots, Belgian Waffle, Scrambled Eggs, Pork Link Sausage, Portuguese Sausage, Corned Beef Hash

Chef's Healthy & Hearty Soup: Salmon, New Potato and Dill, Egg Drop

Lunch & Dinner Aloha Meal: Beef Stew, Baked Chicken, Mushroom Gravy
Roasted Red Potatoes, Confetti Vegetable

Vegetarian: Three Bean and Vegetable Chili

Saturday, December 13

Breakfast: Country potatoes, Banana Pancakes, Scrambled Eggs, Pork Link Sausage, Portuguese Sausage, Corned Beef Hash

Chef's Healthy & Hearty Soup: Chunky Vegetable with Orzo, French Onion

Lunch & Dinner Aloha Meal: Sweet and Sour Pork, Turkey a la King
Garlic Fried Rice, Sautéed Vegetable Medley

Vegetarian: Eggplant and Vegan Chicken Adobo

Sunday, December 14

Breakfast: French Toast, Fried Rice, Scrambled Eggs, Pork Link Sausage, Portuguese Sausage, Corned Beef Hash

Chef's Healthy & Hearty Soup: Cream of Carrot with Curry, Potato Cheddar

Lunch & Dinner Aloha Meal: Beef Stroganoff, Teriyaki Chicken
Egg Noodle, Roasted Garlic Vegetables

Vegetarian: Baked Teriyaki Tofu