

Monday, October 13 Happy Discover's Day

Breakfast: Country Potatoes, Waffle, Pork Sausage Patty, Bacon, Corned Beef Hash
Breakfast Special: Sriracha Steak Omelet

Chef's Healthy & Hearty Soup: Hot & Sour, Cream of Broccoli and Cheddar

Lunch Salad Special:

Lunch Sandwich Special: Patty Melt

Chef's Daily Lunch Bar:

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Lunch & Dinner Special: Beef Stew, Rosemary Chicken

Mashed Potatoes, Confetti Vegetable

Vegetarian Special: Tofu and Vegetable Stir Fry with Garlic-Black Bean Sauce

Tuesday, October 14

Breakfast: Tater Tots, Mochi Pancake, Pork Link Sausage, Bacon, Loco Moco

Breakfast Special: Smoked Salmon Bagel

Chef's Healthy & Hearty Soup: Chicken Rotini, Cream of Potato and Leek

Lunch Salad Special: Somen Salad

Lunch Sandwich Special: Ham, Swiss Cheese, and Caramelized Onion Panini

Chef's Daily Lunch Bar:

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Lunch & Dinner Special: Pork Vindaloo, Butter Chicken

Garlic Linguine, Garden Vegetable Medley

Vegetarian Special: Vegetable Thai Curry with Tofu

Wednesday, October 15

Breakfast: Fried Rice, French Toast, Grilled Ham, Bacon, Corned Beef Hash

Breakfast Special: Sausage, Egg, and Cheese Biscuit

Chef's Healthy & Hearty Soup: French Onion, Ginger Chicken and Rice

Lunch Salad Special: Grilled Chicken, Rotini, and Grilled Vegetable Salad

Lunch Sandwich Special: Turkey Bacon Swiss Panini

Chef's Daily Lunch Bar:

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Lunch & Dinner Special: Beef Stroganoff, Chicken Marsala

Buttered Egg Noodles, Corn with Confetti Bell Pepper

Vegetarian Special: Chick Pea and Cauliflower Stew

Thursday, October 16

- Breakfast:** Country potatoes, Waffle, Portuguese Sausage, Bacon, Loco Moco
Breakfast Special: Bacon, Egg and Cheese Croissant
- Chef's Healthy & Hearty Soup:** Tuscan White Bean, Red Pepper Basil
Lunch Salad Special: Curried Chicken Salad
Lunch Sandwich Special: Chicken & Black Bean Quesadilla
Chef's Action Station: Pizza
- Lunch & Dinner Special:** Roast Shoulder of Pork, Natural Gravy, Sweet and Sour Chicken
House Fried Rice, Sautéed Zucchini with Mushroom
Healthy Special: Vegetarian Nishime

Friday, October 17

- Breakfast:** Tater Tots, Banana Pancake, Grilled Ham, Bacon, Corned Beef Hash
Breakfast Special: Spinach, Bacon, and Swiss Cheese Quiche
- Chef's Healthy & Hearty Soup:** Vegetarian Tortilla, Cream of Salmon and Red potato
Lunch Salad Special: Calamari Salad
Lunch Sandwich Special: Teriyaki Chicken, Onion, and Swiss Wrap
Chef's Daily Lunch Bar: -
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- Lunch & Dinner Special:** Curry Beef Stew, Greek Chicken, Tzatziki Sauce
Butter and Herb Spaghetti, Roasted Brussels Sprouts
Healthy Special: Vegetarian Goulash

Saturday, October 18

- Breakfast:** Fried Rice, French Toast, Pork Sausage Patty, Bacon, Loco Moco
Breakfast Special: Denver Omelet
- Chef's Healthy & Hearty Soup:** Egg Drop, Portuguese Bean
Lunch Sandwich Special: Turkey BLT
Lunch & Dinner Special: Shoyu Pork, Garlic Chicken
House Fried Rice, Sesame Baby Bok Choy
Healthy Special: Garden Vegetable with Penne Marinara

Sunday, October 19

- Breakfast:** Country potatoes, Buttermilk Pancakes, Pork Link Sausage, Bacon, Corned Beef Hash
Breakfast Special: Eggs Florentine
- Chef's Healthy & Hearty Soup:** Minestrone, Bacon Corn Chowder
Lunch Sandwich Special: Chili Dog
Lunch & Dinner Special: Meatloaf, Mushroom Gravy, Teriyaki Chicken
Mashed Potatoes, Roasted Vegetable Medley
Healthy Special: Tortellini Marinara Primavera