



KAPI'OLANI MEDICAL CENTER FOR WOMEN & CHILDREN

Monday, October 6

Breakfast: French Toast, Fried rice, Grilled Ham, Bacon, Loco Moco
Breakfast Special: Sausage, egg, and cheese biscuit sandwich

Chef's Healthy & Hearty Soup: Mexican Clam, Split Pea
Lunch Salad Special: Roasted Portobello Cobb
Lunch Sandwich Special: Turkey, Bacon, and Swiss Wrap
Chef's Daily Lunch Bar: Pizza

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Lunch & Dinner Special: Pork Guisantes, Teriyaki Chicken,
 Egg Noodle, Roasted Vegetable Medley
Vegetarian Special: Chickpea and Cauliflower Stew

Tuesday, October 7

Breakfast: Mochi Pancake, Tater Tots, Pork Sausage Patty, Bacon, Corned Beef Hash
Breakfast Special: Sausage, Pepper, Cheddar Frittata

Chef's Healthy & Hearty Soup: Italian Wedding Soup, Tom Yum
Lunch Salad Special: Grilled Salmon with Watercress, Tomato and Onion
Lunch Sandwich Special: Cuban Panini
Chef's Daily Lunch Bar: Pizza

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Lunch & Dinner Special: Corned Beef and Cabbage, Chicken Parmigiana
 Scalloped Potatoes, Garden Vegetable Medley
Vegetarian Special: Potato Osso Bucco, Mushroom Jus

Wednesday, October 8

Breakfast: Country Potato, Pork Link Sausage, Bacon, Loco Moco
Breakfast Special: Jumbo Belgian Waffle Wednesday with Whip Cream and a Berry Compote

Chef's Healthy & Hearty Soup: Ginger Chicken Rice, Beef Vegetable Barley
Lunch Salad Special: Asian Spinach and Chicken Salad
Lunch Sandwich Special: Steak, Peppers, and Cheese Wrap
Chef's Daily Lunch Bar: Pizza

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Lunch & Dinner Special: Beef Stew, Local Style Shoyu Chicken
 Mashed Potato, Steamed Broccoli
Vegetarian Special: Kung Pao Tofu

Thursday, October 9

Breakfast: French Toast, Fried Rice, Portuguese Sausage, Bacon, Corned Beef Hash

Breakfast Special: Breakfast Burrito

Chef's Healthy & Hearty Soup: Minestrone, Loaded Baked Potato Soup

Lunch Salad Special: Grilled Balsamic Chicken Garden Salad

Lunch Sandwich Special: Kalua Pork and Black Bean Quesadilla

Chef's Daily Lunch Bar: -

Lunch & Dinner Special: Roast Pork, Natural Jus, Asian Pesto Seared Chicken, Wasabi cream
Garlic Roasted Red Potatoes, Confetti Vegetable

Vegetarian Special: Stir Fry Vegetable with Tofu in a Garlic Black Bean Sauce

Friday, October 10

Breakfast: Banana Nut Pancake, Country Potatoes, Pork Sausage Patty, Bacon, Loco Moco

Breakfast Special: Eggs Benedict

Chef's Healthy & Hearty Soup: Cuban Black Bean, Clam Chowder

Lunch Salad Special: Fried Calamari Salad

Lunch Sandwich Special: Turkey, Bacon, and Avocado Wrap

Chef's Daily Lunch Bar: Pizza

Lunch & Dinner Special: Asian Braised Shoulder of Beef, Creole Chicken
Mashed Potato, Roasted Vegetable Medley

Vegetarian Special: Vegetarian Three Bean Chili

Saturday, October 11

Breakfast: Belgian Waffle, Tater Tots, Pork Link Sausage, Bacon, Corned Beef Hash

Breakfast Special: Cinnamon Rolls

Chef's Healthy & Hearty Soup: Egg Drop, Chicken Noodle

Lunch Sandwich Special: Monte Cristo

Lunch & Dinner Special: Kalua Pig and Cabbage, Pulehu Chicken

House Fried Rice, Steamed Vegetable Medley

Vegetarian Special: Garlic Cream Spaghetti with Roasted Vegetables

Sunday, October 12

Breakfast: French Toast, Fried Rice, Grilled Ham, Bacon, Loco Moco

Breakfast Special: Denver Omelet

Chef's Healthy & Hearty Soup: Tuscan Kale & Bean, Cream of Mushroom

Lunch Sandwich Special: Bacon Cheeseburger

Lunch & Dinner Special: Jumbo House Meatballs, Chicken Adobo
Linguine with Garlic and Parmesan, Roasted Vegetable
Medley

Vegetarian Special: Korean Stir Fry w/Tofu