



Monday, September 15

Breakfast: French Toast, Fried Rice, Grilled Ham, Bacon, Loco Moco
Breakfast Special: Sausage, Egg, and Cheese on English Muffin

Chef's Healthy & Hearty Soup: Tuscan White Bean, Chicken Tortilla
Lunch Salad Special: Shrimp Louie Salad
Lunch Sandwich Special: Chicken & Black Bean Quesadilla
Chef's Daily Lunch Bar: Pizza

Lunch & Dinner Aloha Meal: -
Beef Ragout with Mushroom, Teriyaki Chicken
Mashed Potatoes, Sautéed Vegetable Medley
Vegetarian: Penne Melanzana

Tuesday, September 16

Breakfast: Tater Tots, Blueberry Pancake, Pork Link Sausage, Bacon, Corned Beef Hash
Breakfast Special: Breakfast Burrito

Chef's Healthy & Hearty Soup: Chicken Ginger Rice, Portuguese Bean
Lunch Salad Special: Blackened Chicken Caesar
Lunch Sandwich Special: Grilled Vegetable Provencal Panini
Chef's Daily Lunch Bar: Pizza

Lunch & Dinner Aloha Meal: -
Roast Pork, Natural Gravy, Chicken Cacciatore
Garlic Spaghetti, Roasted Vegetable Medley
Vegetarian: Vegetable and Tofu Stir Fry w/Japanese Sauce

Wednesday, September 17

Breakfast: Country Potatoes, Portuguese Sausage, Bacon, Loco Moco
Breakfast Special: Belgian Waffle with Strawberry Compote and Whipped Cream

Chef's Healthy & Hearty Soup: Cream of Watercress, Crab Jambalaya
Lunch Salad Special: Buffalo Chicken Salad
Lunch Sandwich Special: French Dip
Chef's Daily Lunch Bar: Pizza

Lunch & Dinner Aloha Meal: -
Yankee Pot Roast, Baked Barbecue Chicken
Scalloped Potatoes, Buttered Corn with Peppers
Vegetarian: Green Bean, Almond, and Potato Curry

Thursday, September 18

Breakfast: Mochi Pancake, Fried Rice, Pork Sausage Patty, Bacon, Corned Beef Hash
Breakfast Special: Bacon, Egg, and Cheese Biscuit

Chef's Healthy & Hearty Soup: Tomato Basil Bisque, Beef Vegetable
Lunch Salad Special: Portabella Mushroom Cobb
Lunch Sandwich Special: Turkey, Bacon, and Swiss Panini
Chef's Action Station: Pizza Station
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Lunch & Dinner Aloha Meal: Pork Guisantes, Chicken Piccata, Lemon Caper Sauce
Garlic Herb Spaghetti, Roasted Vegetable Medley
Vegetarian: Roasted Cauliflower and Chickpea Stew

Friday, September 19

Breakfast: Tater Tots, Belgian Waffle, Grilled Ham, Bacon, Loco Moco
Breakfast Special: Eggs Florentine

Chef's Healthy & Hearty Soup: Salmon, New Potato and Dill, Egg Drop
Lunch Salad Special: Chinese Chicken Salad
Lunch Sandwich Special: Chicken Parmesan Sandwich
Chef's Action Station: -
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Lunch & Dinner Aloha Meal: Beef Stew, Baked Chicken, Mushroom Gravy
Roasted Red Potatoes, Confetti Vegetable
Vegetarian: Three Bean and Vegetable Chili

Saturday, September 20

Breakfast: Country potatoes, Banana Pancakes, Pork Link Sausage, Bacon, Corned Beef Hash
Breakfast Special: Fried Rice Omelet

Chef's Healthy & Hearty Soup: Chunky Vegetable with Orzo, French Onion
Lunch Sandwich Special: Chili Dog
Lunch & Dinner Aloha Meal: Sweet and Sour Pork, Chicken a la King
Garlic Fried Rice, Sautéed Vegetable Medley
Vegetarian: Eggplant and Vegan Chicken Adobo

Sunday, September 21

Breakfast: French Toast, Fried Rice, Portuguese Sausage, Bacon, Loco Moco
Breakfast Special: Breakfast Sandwich

Chef's Healthy & Hearty Soup: Cream of Carrot with Curry, Potato Cheddar
Lunch Sandwich Special: Patty Melt
Lunch & Dinner Aloha Meal: Beef Stroganoff, Teriyaki Chicken
Egg Noodle, Roasted Garlic Vegetables
Vegetarian: Baked Teriyaki Tofu