



**Monday, September 1**

**Labor Day**

**Breakfast:** Country Potatoes, Waffle, Pork Sausage Patty, Bacon, Corned Beef Hash  
**Breakfast Special:** Sriracha Steak Omelet

**Chef's Healthy & Hearty Soup:** Hot & Sour, Cream of Broccoli and Cheddar  
**Lunch Salad Special:** Buffalo Chicken Salad  
**Lunch Sandwich Special:** Patty Melt  
**Chef's Daily Lunch Bar:** -  
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**Lunch & Dinner Special:** Beef Stew, Rosemary Chicken  
Mashed Potatoes, Confetti Vegetable  
**Vegetarian Special:** Tofu and Vegetable Stir Fry with Garlic-Black Bean Sauce

**Tuesday, September 2**

**Breakfast:** Tater Tots, Mochi Pancake, Pork Link Sausage, Bacon, Loco Moco  
**Breakfast Special:** Smoked Salmon Bagel

**Chef's Healthy & Hearty Soup:** Chicken Rotini, Cream of Potato and Leek  
**Lunch Salad Special:** Somen Salad  
**Lunch Sandwich Special:** Ham, Swiss Cheese, and Caramelized Onion Panini  
**Chef's Daily Lunch Bar:** -  
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**Lunch & Dinner Special:** Pork Vindaloo, Butter Chicken  
Garlic Linguine, Garden Vegetable Medley  
**Vegetarian Special:** Vegetable Thai Curry with Tofu

**Wednesday, September 3**

**Breakfast:** Fried Rice, French Toast, Grilled Ham, Bacon, Corned Beef Hash  
**Breakfast Special:** Sausage, Egg, and Cheese Biscuit

**Chef's Healthy & Hearty Soup:** French Onion, Portuguese Bean  
**Lunch Salad Special:** Grilled Chicken, Rotini, and Grilled Vegetable Salad  
**Lunch Sandwich Special:** Turkey Bacon Swiss Panini  
**Chef's Daily Lunch Bar:** -  
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**Lunch & Dinner Special:** Beef Stroganoff, Chicken Marsala  
Buttered Egg Noodles, Corn with Confetti Bell Pepper  
**Vegetarian Special:** Chick Pea and Cauliflower Stew

### **Thursday, September 4**

- Breakfast:** Country potatoes, Waffle, Portuguese Sausage, Bacon, Loco Moco  
**Breakfast Special:** Bacon, Egg and Cheese Croissant
- Chef's Healthy & Hearty Soup:** Tuscan White Bean, Red Pepper Basil  
**Lunch Salad Special:** Curried Chicken Salad  
**Lunch Sandwich Special:** Chicken & Black Bean Quesadilla  
**Chef's Action Station:** Pizza
- Lunch & Dinner Special:** Roast Shoulder of Pork, Natural Gravy, Sweet and Sour Chicken  
House Fried Rice, Sautéed Zucchini with Mushroom  
**Healthy Special:** Vegetarian Nishime

### **Friday, September 5**

- Breakfast:** Tater Tots, Banana Pancake, Grilled Ham, Bacon, Corned Beef Hash  
**Breakfast Special:** Spinach, Bacon, and Swiss Cheese Quiche
- Chef's Healthy & Hearty Soup:** Vegetarian Tortilla, Cream of Salmon and Red potato  
**Lunch Salad Special:** Calamari Salad  
**Lunch Sandwich Special:** Teriyaki Chicken, Onion, and Swiss Wrap  
**Chef's Daily Lunch Bar:** -  
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- Lunch & Dinner Special:** Curry Beef Stew, Greek Chicken, Tzatziki Sauce  
Butter and Herb Spaghetti, Roasted Brussels Sprouts  
**Healthy Special:** Vegetarian Goulash

### **Saturday, September 6**

- Breakfast:** Fried Rice, French Toast, Pork Sausage Patty, Bacon, Loco Moco  
**Breakfast Special:** Denver Omelet
- Chef's Healthy & Hearty Soup:** Egg Drop, Ginger Chicken and Rice  
**Lunch Sandwich Special:** Turkey BLT  
**Lunch & Dinner Special:** Shoyu Pork, Garlic Chicken  
House Fried Rice, Sesame Baby Bok Choy  
**Healthy Special:** Garden Vegetable with Penne Marinara

### **Sunday, September 7**

- Breakfast:** Country potatoes, Buttermilk Pancakes, Pork Link Sausage, Bacon, Corned Beef Hash  
**Breakfast Special:** Eggs Florentine
- Chef's Healthy & Hearty Soup:** Minestrone, Bacon Corn Chowder  
**Lunch Sandwich Special:** Chili Dog  
**Lunch & Dinner Special:** Meatloaf, Mushroom Gravy, Teriyaki Chicken  
Mashed Potatoes, Roasted Vegetable Medley  
**Healthy Special:** Tortellini Marinara Primavera