



KAPI'OLANI MEDICAL CENTER FOR WOMEN'S & CHILDREN

Monday, July 28

Breakfast: Mochi Pancake, Tater Tots, Pork Sausage Patty, Bacon, Loco Moco

Breakfast Special: Breakfast Burrito

Chef's Healthy & Hearty Soup: Vegetarian Lentil, Chicken Noodle

Lunch Salad Special: Grilled Chicken, Vegetable and Rotini Salad

Lunch Sandwich Special: Ham and Swiss Panini

Chef's Daily Lunch Bar: -

Lunch & Dinner special:

Beef Broccoli, Mushroom Chicken

Buttered Egg Noodle, Roasted Vegetable Medley

Vegetarian Special:

Eggplant with Garlic Sauce

Tuesday, July 29

Breakfast: Fried Rice, French Toast, Portuguese Sausage, Bacon, Corned Beef Hash

Breakfast Special: Bacon, Egg and Cheese Biscuit

Chef's Healthy & Hearty Soup: Garden Vegetable, Ginger Chicken Rice

Lunch Salad Special: Chinese Chicken Salad

Lunch Sandwich Special: Korean BBQ Bao

Chef's Daily Lunch Bar: Pizza

Lunch & Dinner special:

Pork Adobo, Huli Huli Chicken

Garlic Linguine, Garden Vegetable with Broccoli and Cauliflower

Vegetarian Special:

Vegetable and Tofu Thai Curry

Wednesday, July 30

Breakfast: Country Potatoes, Grilled Ham, Bacon, Loco Moco

Breakfast Special: Jumbo Belgian Waffle Wednesday with berry compote!

Chef's Healthy & Hearty Soup: Minestrone, Cream of Mushroom

Lunch Salad Special: Turkey Cobb Salad

Lunch Sandwich Special: Pepper Steak Sandwich

Chef's Daily lunch Bar: Pizza

Lunch & Dinner special:

Braised Shoulder of Beef. Natural Jus, Chicken Curry

Mashed Potatoes, Roasted Garlic Vegetable Medley

Vegetarian Special:

Spaghetti Squash with an Italian Tofu Ragout

Thursday, July 31

Breakfast: Buttermilk Pancake, Tater Tots, Portuguese Sausage, Bacon, Corned Beef Hash

Breakfast Special: Breakfast Sandwich

Chef's Healthy & Hearty Soup: Portuguese Bean, Cream of Broccoli and Cheddar

Lunch Salad Special: Grilled Chicken with Mesclun, Strawberry, Cranberry, Feta and Walnut

Lunch Sandwich Special: Kalua Pork & Black Bean Quesadilla

Chef's Action Station: Pizza

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Lunch & Dinner special: Korean Roast Shoulder of Pork, Garlic Rosemary Chicken
Cajun New Potatoes, Confetti Vegetable

Healthy Special: Baked Teriyaki Tofu

Friday, August 1

Breakfast: Fried Rice, French Toast, Pork Link Sausage, Bacon, Loco Moco

Breakfast Special: Ham, Mushroom, and Cheddar Omelet

Chef's Healthy & Hearty Soup: Cioppino, Cream of Potato and Leek

Lunch Salad Special: Fried Shrimp and Watercress Salad with tomato, cucumber, and red onion

Lunch Sandwich Special: Reuben

Chef's Daily Lunch Bar: Pizza

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Lunch & Dinner special: Beef Tomato, Creole Chicken
Fried Rice, Roasted Vegetable Medley

Healthy Special: Vegan Chicken and Vegetable Stir Fry with Sweet Chili Sauce

Saturday, August 2

Breakfast: Belgian Waffle, Country Potatoes, Sausage Patty, Bacon, Corned Beef Hash

Breakfast Special: Bacon Egg and Cheese sandwich

Chef's Healthy & Hearty Soup: Tomato Basil Bisque, French Onion

Lunch Sandwich Special: Kapi'olani CLUB Sandwich

Lunch & Dinner special: Pork Adobo, Mochiko Chicken
Roasted Red Potatoes, Steamed Green Beans Amandine

Healthy Special: Korean Stir Fry with Tofu

Sunday, August 3

Breakfast: Blueberry Pancakes, Country Potatoes, Portuguese Sausage, Bacon, Loco Moco

Breakfast Special: Tomato and Spinach Omelet

Chef's Healthy & Hearty Soup: Mulligatawny Stew, Chicken Noodle

Lunch Sandwich Special: Chicken Strip Basket

Lunch & Dinner special: Beef Stew, Baked Chicken, Mushroom Gravy
Mashed Potatoes, Buttered Corn

Healthy Special: Vegetarian Chili