

## Monday, July 21

French Toast, Fried Rice, Grilled Ham, Bacon, Loco Moco Breakfast:

**Breakfast Special:** Biscuit with Gravy

Chef's Healthy & Hearty Soup: Tuscan White Bean, Chicken Tortilla

**Lunch Salad Special:** Shrimp Louie Salad

**Lunch Sandwich Special:** Chicken & Black Bean Quesadilla

Chef's Daily Lunch Bar: Pizza

**Lunch & Dinner Aloha Meal:** Beef Ragout with Mushroom, Teriyaki Chicken

Mashed Potatoes, Sautéed Vegetable Medley

Penne Prima Vera, Garlic Cream Sauce Vegetarian:

Tuesday, July 22

Breakfast: Tater Tots, Blueberry Pancake, Pork Link Sausage, Bacon, Corned Beef Hash

**Breakfast Special:** Breakfast Burrito

Chef's Healthy & Hearty Soup: Chicken Ginger Rice, Portuguese Bean

Lunch Salad Special: Blackened Chicken Caesar

**Lunch Sandwich Special:** Grilled Vegetable Provencal Panini

Chef's Daily Lunch Bar: Pizza

**Lunch & Dinner Aloha Meal:** Roast Pork, Natural Gravy, Chicken Cacciatore

Garlic Spaghetti, Roasted Vegetable Medley

Vegetable and Tofu Stir Fry w/Japanese Sauce Vegetarian:

## Wednesday, July 23

Country Potatoes, Portuguese Sausage, Bacon, Loco Moco Breakfast Special: Belgian Waffle with Strawberry Compote and Whipped Cream

Chef's Healthy & Hearty Soup: Cream of Watercress, Crab Jambalaya

Lunch Salad Special: Buffalo Chicken Salad

**Lunch Sandwich Special:** French Dip

Chef's Daily Lunch Bar Pizza

**Lunch & Dinner Aloha Meal:** Yankee Pot Roast, Baked Barbecue Chicken

Scalloped Potatoes, Buttered Corn with Peppers

Vegetarian: Green Bean, Almond, and Potato Curry

## Thursday, July 24

Breakfast: Mochi Pancake, Fried Rice, Pork Sausage Patty, Bacon, Corned Beef Hash

Breakfast Special: Bacon, Egg, and Cheese Biscuit

Chef's Healthy & Hearty Soup: Tomato Basil Bisque, Beef Vegetable

Lunch Salad Special:Portabella Mushroom CobbLunch Sandwich Special:Turkey, Bacon, and Swiss Panini

Chef's Action Station: Pizza Station

Lunch & Dinner Aloha Meal: Pork Guissantes, Chicken Piccata, Lemon Caper Sauce

Garlic Herb Spaghetti, Roasted Vegetable Medley

**Vegetarian:** Roasted Cauliflower and Chickpea Stew

Friday, July 25

Breakfast: Tater Tots, Belgian Waffle, Grilled Ham, Bacon, Loco Moco

**Breakfast Special:** Eggs Florentine

Chef's Healthy & Hearty Soup: Salmon, New Potato and Dill, Egg Drop

**Lunch Salad Special:** Chinese Chicken Salad **Lunch Sandwich Special:** Chicken Parmesan Sandwich

Chef's Action Station:

**Lunch & Dinner Aloha Meal:** Beef Stew, Baked Chicken, Mushroom Gravy

Roasted Red Potatoes, Confetti Vegetable

**Vegetarian:** Three Bean and Vegetable Chili

Saturday, July 26

Breakfast: Country potatoes, Banana Pancakes, Pork Link Sausage, Bacon, Corned Beef Hash

**Breakfast Special:** Fried Rice Omelet

Chef's Healthy & Hearty Soup: Chunky Vegetable with Orzo, French Onion

**Lunch Sandwich Special:** Chili Dog

**Lunch & Dinner Aloha Meal:** Sweet and Sour Pork, Chicken a la King

Garlic Fried Rice, Sautéed Vegetable Medley

**Vegetarian:** Eggplant and Vegan Chicken Adobo

Sunday, July 27

Breakfast: French Toast, Fried Rice, Portuguese Sausage, Bacon, Loco Moco

**Breakfast Special:** Breakfast Sandwich

Chef's Healthy & Hearty Soup: Chicken Rotini, Potato Cheddar

**Lunch Sandwich Special:** Patty Melt

**Lunch & Dinner Aloha Meal:** Beef Stroganoff, Teriyaki Chicken

Egg Noodle, Roasted Garlic Vegetables

**Vegetarian:** Baked Teriyaki Tofu