Additional Resource Information Available to You

If you would like more information listed below, please ask your nurse for print-outs of the following handouts:

- 1) Helping Your Child Learn to Communicate
- 2) Breastfeeding Skills Checklist for Mothers
- 3) Breastfeeding the First Two Weeks

Once you return home,

CALL THE DOCTOR IF YOUR BABY:

- Does not have a stool in a 24 hour period.
- Does not wet the diaper at least four times a day and the urine is not pale in color.
- Is unusually sleepy or lethargic or is not feeding well.

If you are concerned that breastfeeding is not going well, please refer to the Community Breastfeeding Resources provided.

