

Community Breastfeeding Resources

healthier



O'AHU

Breastfeeding Solutions Hawai'i:
Breastfeeding consults by appointment 808-773-2883

Kapi'olani Medical Center Lactation
Consultants
Mother Baby Care Unit (MBCU) 808-983-6007
Neonatal Intensive Care Unit (NICU) 808-763-2830

Hawai'i Mothers' Milk: Consults by
appointment, pump rentals, nursing supplies
Lactation Line: 808-949-1723

Healthy Mothers Healthy Babies 808-737-5805

Women, Infants and Children (WIC):
Breast pump loans, counseling 808-586-8080

Tripler Army Medical Center (TAMC):
Lactation Helpline 808-433-3732

La Leche League: Mother-to-mother
support, monthly meetings, phone help 772-559-4105

Mahinaona Pediatrics: Breastfeeding consults
provided by MD and billed to insurance 808-737-4675

Kaiser Lactation Center 808-432-5608

KAUAI'

Wilcox Medical Center 808-245-1441

Women, Infants and Children (WIC) 808-241-3080

La Leche League Princeville: 808-826-6467
South Shore: LLLKauaiSouth@Gmail.com

MAUI

Women, Infants and Children (WIC) 808-984-8225

Breast Pump Rentals/Sales
Breastfeeding Services of Maui 808-572-5237
Mothers' Milk Maui 808-344-1899

La Leche League MauiDoula@Hotmail.com

BIG ISLAND

Kona Community Hospital Lactation Center 808-322-4482

Women, Infants and Children (WIC)
Hilo: 808-947-4270
Kona: 808-322-4888
Pahoa: 808-965-3030

Family Support Hawai'i: Newborn
Enhanced Support Team (NEST) 808-326-7778

La Leche League Kona Coast: 808-325-3055
East Hawai'i: 808-265-1416

MOLOKA'I

Women's Center at Molokai
General Hospital 808-553-3145

Women, Infants and Children (WIC) 808-553-5038

WEBSITES

Healthy Mothers Healthy Babies - HMHB-Hawaii.org
(Lactation consultation services; breastfeeding resources
and information)

International Lactation Consultant Association - ILCA.org
(to find a lactation consultant in private practice)

La Leche League International - LLL.org

International Breastfeeding Centre - IBCOnline.ca
(Dr. Jack Newman's breastfeeding clinic information and
videos)

KellyMom - KellyMom.com
(Evidence-based breastfeeding information)

Getting Started with Breastfeeding by Stanford Medicine
- [Med.Stanford.edu/Newborns/Professional-Education/
Breastfeeding](http://Med.Stanford.edu/Newborns/Professional-Education/Breastfeeding) (Excellent information, photos and videos)

Breastfeeding After Reduction (BFAR) - BFAR.org
(Information and support for breastfeeding after
breast surgery)

HealthyChildren.org
(Parenting website from the American Academy of
Pediatrics)

Droplet - FirstDroplets.com
(Teaches the ABCs of breastfeeding to prevent common
challenges)

**HAWAII'
PACIFIC
HEALTH**

**KAPI'OLANI
MEDICAL CENTER**
FOR WOMEN & CHILDREN



1319 Punahou Street | Honolulu, Hawai'i 96826
T 808-983-6000 | Kapiolani.org