



## **KAPI'OLANI MEDICAL CENTER- WOMEN'S & CHILDREN**

### **Monday, March 11**

**Breakfast:** Belgian Waffle, Tater Tots, Pork Sausage Patty, Bacon, Loco Moco

**Breakfast Special:** Breakfast Burrito

**Chef's Healthy & Hearty Soup:** Vegetarian Lentil, Cream of Mushroom

**Lunch Salad Special:** Roasted Vegetable Salad

**Lunch Sandwich Special:** Turkey Avocado Panini

**Chef's Daily Lunch Bar:** -

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**Lunch & Dinner special:** Beef Stew, Mushroom Chicken

Buttered Egg Noodle, Roasted Vegetable Medley

**Vegetarian Special:** Eggplant w/Garlic Sauce

### **Tuesday, March 12**

**Breakfast:** Fried Rice, French Toast, Portuguese Sausage, Bacon, Corned Beef Hash

**Breakfast Special:** Three Cheese Omelet

**Chef's Healthy & Hearty Soup:** Garden Vegetable, Corn chowder

**Lunch Salad Special:** Chinese Chicken Salad

**Lunch Sandwich Special:** Korean BBQ Bao

**Chef's Daily Lunch Bar:** -

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**Lunch & Dinner special:** Pork Adobo, Huli Huli Chicken

House Fried Rice, Steamed Vegetable Medley

**Vegetarian Special:** Cauliflower Tofu Curry

### **Wednesday, March 13**

**Breakfast:** Country Potatoes, Grilled Ham, Bacon, Loco Moco

**Breakfast Special:** Jumbo Belgian Waffle Wednesday with berry compote!

**Chef's Healthy & Hearty Soup:** Minestrone, Ginger Chicken Rice

**Lunch Salad Special:** Grilled Chicken, Israeli Cous Cous, Mushroom and mesclun Salad

**Lunch Sandwich Special:** Turkey Swiss Panini

**Chef's Daily lunch Bar:** -

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**Lunch & Dinner special:** Hamburger Steak with Gravy, Asian Pesto Seared Chicken, Wasabi cream

Mashed Potatoes, Roasted Garden Vegetable

**Vegetarian Special:** Vegetarian Three Bean Chili

### **Thursday, March 14**

**Breakfast:** Buttermilk Pancake, Tater Tots, Portuguese Sausage, Bacon, Corned Beef Hash

**Breakfast Special:** Breakfast Sandwich

**Chef's Healthy & Hearty Soup:** Potato Leek, Scallop Soup

**Lunch Salad Special:** Crabcake Salad, Mesclun Greens, 100 Island Dressing

**Lunch Sandwich Special:** Kalua Pork & Black Bean Quesadilla

**Chef's Action Station:** -

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**Lunch & Dinner special:** Korean Pork Loin, Garlic Rosemary Chicken  
Herb Roasted New Potatoes, Garden Vegetable

**Healthy Special:** Baked Teriyaki Tofu

### **Friday, March 15**

**Breakfast:** Fried Rice, French Toast, Pork Link Sausage, Bacon, Loco Moco

**Breakfast Special:** Ham Mushroom Cheddar Omelet

**Chef's Healthy & Hearty Soup:** Cioppino, Portuguese Bean

**Lunch Salad Special:** Fried Shrimp and Watercress Salad with tomato, cucumber, and red onion

**Lunch Sandwich Special:** Reuben

**Chef's Daily Lunch Bar:** -

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**Lunch & Dinner special:** Beef Tomato, Seared Salmon, Soy Shiitake Cream  
Garlic Herb Spaghetti, Roasted Vegetable Medley  
Sweet Chili and Vegetable Stir Fry w/ Vegan Chicken

**Healthy Special**

### **Saturday, March 16**

**Breakfast:** Belgian Waffle, Country Potatoes, Sausage Patty, Bacon, Corned Beef Hash

**Breakfast Special:** Bacon Egg and Cheese sandwich

**Chef's Healthy & Hearty Soup:** Tomato Basil Bisque, French Onion

**Lunch Sandwich Special:** Kapi'olani CLUB Sandwich

**Lunch & Dinner special:** Pork Adobo, Mochiko Chicken  
Garlic Fried Rice, Steamed Green Beans

**Healthy Special:** Thai Vegetarian Curry

### **Sunday, March 17**

**Breakfast:** Blueberry Pancakes, Country Potatoes, Portuguese Sausage, Bacon, Loco Moco

**Breakfast Special:** Tomato and Spinach Omelet

**Chef's Healthy & Hearty Soup:** Vegetarian Tortilla, Chicken Noodle

**Lunch Sandwich Special:** Chicken Strip Basket

**Lunch & Dinner special:** Beef Stew, Baked Chicken, Mushroom Gravy  
House Fried Rice, Steamed Vegetable Medley

**Healthy Special:** Garden Vegetable Penne w/Pesto