



KAPI'OLANI MEDICAL CENTER- WOMEN'S & CHILDREN

Monday, January 22

Breakfast: Country Potatoes, Waffle, Pork Sausage Patty, Bacon, Corned Beef Hash

Breakfast Special: Sriracha Steak Omelet

Chef's Healthy & Hearty Soup: Hot & Sour, Cream of Broccoli and Cheddar

Lunch Salad Special: Buffalo Chicken Salad

Lunch Sandwich Special: Patty Melt

Chef's Daily Lunch Bar: Pizza

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Lunch & Dinner Special: Carolina BBQ Pork Shoulder, Rosemary Chicken

Mashed Potatoes, Confetti Vegetable

Vegetarian Special: Tofu and Vegetable Stir Fry with Garlic-Black Bean Sauce

Tuesday, January 23

Breakfast: Tater Tots, Mochi Pancake, Pork Link Sausage, Bacon, Loco Moco

Breakfast Special: Smoked Salmon Bagel

Chef's Healthy & Hearty Soup: Chicken Rotini, Cream of Potato and Leek

Lunch Salad Special: Somen Salad

Lunch Sandwich Special: Ham and Manchego Cheese Panini

Chef's Daily Lunch Bar: Pizza

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Lunch & Dinner Special: Beef Broccoli Stir Fry, Creole Chicken

Garlic Linguine, Garden Vegetable Medley

Vegetarian Special: Vegetable Thai Curry with Tofu

Wednesday, January 24

Breakfast: Fried Rice, French Toast, Grilled Ham, Bacon, Corned Beef Hash

Breakfast Special: Jumbo Belgian Waffle Wednesday with berry compote

Chef's Healthy & Hearty Soup: French Onion, Ginger Chicken and Rice

Lunch Salad Special: BBQ Chicken Salad

Lunch Sandwich Special: Turkey Bacon Swiss Panini

Chef's Daily Lunch Bar: Pizza

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Lunch & Dinner Special: Curry Beef Stew, Huli Huli Chicken

Herb Roasted Red Potatoes, Buttered Corn with Confetti Bell Pepper

Vegetarian Special: Black Bean Garlic and Vegetable Stir Fry with Tofu

Thursday, January 25

Breakfast: Country potatoes, Waffle, Portuguese Sausage, Bacon, Loco Moco

Breakfast Special: Bacon, Egg and Cheese Croissant

Chef's Healthy & Hearty Soup: Tuscan White Bean, Red Pepper Basil

Lunch Salad Special: Mediterranean Chicken Salad

Lunch Sandwich Special: Chicken & Black Bean Quesadilla

Chef's Action Station: Pizza

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Lunch & Dinner Special: Pork Vindaloo, Sweet and Sour Chicken
House Fried Rice, Sautéed Zucchini with Mushroom

Healthy Special: Black Bean Eggplant and Baby Corn Stir Fry

Friday, January 26

Breakfast: Tater Tots, Banana Pancake, Grilled Ham, Bacon, Corned Beef Hash

Breakfast Special: Spinach, Bacon, and Swiss Cheese Quiche

Chef's Healthy & Hearty Soup: Vegetarian Tortilla, Chicken Noodle

Lunch Salad Special: Calamari Salad

Lunch Sandwich Special: Turkey Avocado Wrap

Chef's Daily Lunch Bar: Pizza

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Lunch & Dinner Special: Yankee Pot Roast, Greek Chicken with Tzatziki
Mashed Potato, Roasted Garlic Vegetable Medley

Healthy Special: Vegetarian Goulash

Saturday, January 27

Breakfast: Fried Rice, French Toast, Pork Sausage Patty, Bacon, Loco Moco

Breakfast Special: Denver Omelet

Chef's Healthy & Hearty Soup: Egg Drop, Portuguese Bean

Lunch Sandwich Special: Open Faced Turkey Sandwich w/ Gravy

Lunch & Dinner Special: Shoyu Pork, Garlic Chicken

House Fried Rice, Sesame Baby Bok Choy

Healthy Special: Garden Vegetable with Penne Marinara

Sunday, January 28

Breakfast: Country potatoes, Buttermilk Pancakes, Pork Link Sausage, Bacon, Corned Beef Hash

Breakfast Special: Eggs Florentine

Chef's Healthy & Hearty Soup: Minestrone, Bacon Corn Chowder

Lunch Sandwich Special: Chili Dog

Lunch & Dinner Special: Meatloaf, Mushroom Gravy, Teriyaki Chicken
Butter and Herb Spaghetti, Green Beans w/ crispy onions

Healthy Special: Tortellini Marinara with Fresh Vegetables