Watch for Mindful Menu Solutions...
Look for the Mindful icon to find your way to better nutrition.

FRIDAY’S CHEF CORNER:
11:30am – 1pm
PUERTO RICAN CUISINE

Monday ~ CHEF SPECIAL
Entree: Baked Spaghetti w/ Meatballs
       Pork Guisantes
       Quinoa Primavera 🌱
Grill: Chef Special
Daily Special: Sweet Chili Wings
Mindful: Asian Brown Rice Bowl 🌱

Tuesday ~ TACO TUESDAY
Entree: Pot Roast
       Garlic Chicken
       Butternut & Portobello Pasta 🌱
Grill: Taco Tuesday
Daily Special: BBQ Burger
Mindful: Asian Brown Rice Bowl 🌱

Wednesday ~ POKE BAR
Entree: Turkey w/ Stuffing
       Chinese Style Spareribs
       Vegetable Lasagna 🌱
Exhibition: Poke Bar
Daily Special: French Dip Sandwich
Mindful: Asian Brown Rice Bowl 🌱

Thursday ~ RAMEN BAR
Entree: Shoyu Chicken
       Hamburger Steak
       Orzo Pasta 🌱
Exhibition: Ramen Bar
Daily Special: Pulled Pork Sandwich
Mindful: Asian Brown Rice Bowl 🌱

Friday ~ CHEF’S CORNER
Entree: Asian Flank Steak
       Mahi
       Vegetable Chow Fun 🌱
Exhibition: Chef’s Corner
Daily Special: Patty Melt
Mindful: Asian Brown Rice Bowl 🌱

Saturday
Entree: Mochiko Chicken
       Pork Adobo
       Vegetable Stew 🌱

Sunday
Entree: Beef Broccoli
       Chicken Marsala
       Vegetable Chili 🌱