



National
Kidney
Foundation® | of
Hawaii

HAWAII
PACIFIC
HEALTH | KAPI'OLANI
PALI MOMI
STRAUB
WILCOX

Healthy Together is a 10-week evidence-based program for children 6-13 years of age. This is a family-based lifestyle program which emphasizes: *healthy eating, increasing physical activity, reducing sedentary time, and behavior change to elicit a positive life-long lifestyle transformation.*

Help us reach out to you by giving us permission to have a Healthy Together facilitator contact you.

I give permission for a Healthy Together facilitator to contact me.

My Name: _____

My Child's Name: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail Address: _____

Phone: _____ Cell: _____

Signature: _____

***Please complete and return this consent to your provider's receptionist to have them fax the form to: 844-763-3215 or email to programs@kidneyhi.org.**