

# HAWAI'I PACIFIC HEALTH MyChart by Hawai'i Pacific Health

## PATIENT USER GUIDE

# Table of Contents



WHAT IS MYCHART         • What is MyChart	
MYCHART ACCOUNT CREATION AND PROFILE         • Sign up for a MyChart account       .3         • Log into MyChart.       .3         • If you forget your MyChart username or password       .4         • MyChart Home Page       .4	
MYCHART MOBILE APP           • Download the MyChart App	
<ul> <li>PROXY ACCESS</li> <li>Request a MyChart account for others</li></ul>	
SHARING AND LINKING YOUR HPH MYCHART ACCOUNT         WITH OTHER ORGANIZATIONS         • Lucy and MyChart Central         • Create a MyChart Central account         • Your MyChart Central Account         • Accessing Lucy.         • Share your record.         • View, download and send visit records	
MESSAGING         • View messages from your doctor.       10         • Ask your doctor for medical advice.       10         • Letters       10	) )
VISITS         • View past or upcoming appointments.         • Request or schedule an appointment	1
HEALTH       • View your test results.       13         • Manage your medications.       13         • View a summary of your health       14         • Respond to questionnaires from your clinic.       14         • Track health readings.       14	3 3 1 1
BILLING AND INSURANCE       15         • Set-up paperless billing.       15         • Making payments with online bill pay.       15         • Pay as a guest       15         • Review and update your insurance information       15	5555
PREFERENCES AND OTHER FEATURES         • Personalize MyChart       16         • Update your personal information       16         • Change your MyChart password       16	555
VIDEO VISITS       17         • Video visit requirements       17         • eCheck-In       17         • On the day of the visit       18	7 7 3
LEARN MORE	2

٠	Frequently Asked Questions (FAQs)	.1	9	)
٠	MyChart Support	.1	9	,

## MyChart General Information

by Hawai'i Pacific Health

#### What is MyChart

MyChart is an online patient portal that provides you with access to your health care information and allows you to connect with your doctor around the clock in a way that's convenient for you.

With MyChart, you have 24/7 access to:

- Schedule appointments
- Email your doctor with questions
- View summaries of your doctor visits
- Get prescription refills and update medications
- View test results
- Download your medical records online
- Update allergy information
- Track appointments and immunizations
- Pay bills online
- Fill out forms in advance and save time during registration

#### Important Resources and Information

Visit MyChart at www.hawaiipacifichealth.org/mychart.

For questions or issues, please call our MyChart Customer Support line:

- Toll Free: 1-877-228-1894
- Oʻahu: 808-535-7725
- Kaua'i: 808-246-1663



## MyChart Account Creation and Profile



#### Sign up for a MyChart account

To sign up for MyChart, you must be at least 18 years of age. To get the process started, you'll first need a MyChart activation code. Below are a few ways to get this code:

- 1. Call your doctor's office. Our front desk is able to send you a text message or email that contains a secure link to activate your MyChart account.
- 2. Request an activation code online at https://mychart.hawaiipacifichealth.org/signup
- 3. Call our MyChart Customer Support line at 1-877-228-1894 and request an activation code.

Please note, an activation code received online or from our MyChart customer support link will expire 30 days after it's generated.

Once you receive you activation code, you can activate your account via the Internet or the mobile MyChart app.

To activate your account via the Internet:

- 1. Go to the MyChart site at www.hawaiipacifichealth.org/mychart
- 2. Click the Sign Up button on the right-hand side of the screen
- 3. Fill out the requested information and click Submit
- 4. After completing the process, you'll be provided your MyChart account

To activate your account via the MyChart mobile app:

- 1. Refer to the following pages of this guide for instructions to install the MyChart app onto your mobile device
- 2. Once the app is installed, click the Sign Up Now button to start the activation process

#### Log into MyChart

- 1. In your web browser, enter www.hawaiipacifichealth.org/mychart to access the login page
- 2. Enter your MyChart username and password
- 3. Click Log In



## MyChart Account Creation and Profile



#### If you forget your MyChart username or password

- 1. In your web browser, enter www.hawaiipacifichealth.org/mychart to access the login page
- 2. Click either the Forgot USER ID or PASSWORD links at the top of the screen
- 3. When prompted, please answer the security questions to verify your identity
- 4. Once complete, your username and password information will be sent to the email address on file

If you are still having trouble logging in, please feel free to call our MyChart Customer Support line at 535-7725 on O'ahu or toll free 1-877-228-1894 from the neighbor islands.

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PAY B	ILLS ONI	.INE*

- See billing summary.
- Sign in or pay as guest.

Pay bills as guest >

How to pay bills online >

#### MyChart Home Page

After logging into MyChart, you'll be taken to the Home Page. This page is personalized for you and you can access a variety of MyChart services and features. Every time you log into MyChart, you will see your own Welcome! Page that has actions or reminders listed just for you.

by Hawai'i Pacific Health Jane	Health	Visits	Messaging	1	Bitling		Resourc	es P	rofile	
Welcome!									Oui	ck Links
									-	View test results
Save time while you save pa	aper! Sign up for pa	perless billing (	available for Hav	vaii Pa	cific	Health	accounts	s only).		Refill medications
View your 2 accounts with 4	new statements av	vailable.								num neorannio
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			5		1	8	9 10	11	-	Review health summary
			5	6 13	1 14	8 15	9 10 16 17	11 88		Review health summary
			5 12 19	6 13 20	7 14 21	8 15 1 22 2	9 10 16 17 23 24	11 18 25		Review health summary View billing summary
			5 12 19 26	6 13 20 27	1 14 21 28	8 15 1 22 2 29 1	9 10 16 17 23 24 30 31	11 18 25	•	Review health summary

# MyChart Mobile App



#### Download the MyChart App

You're able to access MyChart wherever you go by downloading the MyChart mobile app. The app is compatible with both Android and iPhone platforms. To download and install the app:

- 1. Search for "MyChart from Epic" in the iTunes App or Google Play Stores on your mobile device
- 2. Click Install
- 3. Open the app on your mobile device
- 4. When asked to "Select Health care Provider," choose Hawai'i
- 5. Scroll down the list and click the Hawai'i Pacific Health logo
- 6. From there, you'll be able to begin using MyChart on your device



MyChart Epic Systems Corporation

INSTALL

# Proxy Access



#### **Request a MyChart account for others**

MyChart allows approved individuals to have access to the medical records of family members. This includes parents of minors, legal guardians or adult children who have health decision-making authority for their parents.

To obtain authorized access, you must have your own MyChart account activated and complete the appropriate Proxy Access Form below.

#### **Proxy Access for Children**

For patients under the age of 18, proxy access can be granted to parents or legal guardians as follows. To request access, please complete the <u>Child Proxy Access Form</u> and return it to the doctor's office where the child receives care.

- When the child is 13 years of age or younger, a parent or legal guardian with proxy access has complete access to the child's medical record
- When the child is 14 through 17 years of age, proxy access will be limited to certain information and MyChart functions
- When the child becomes an adult at 18 years of age, a parent will no longer have proxy access.
- In the case of legal guardians, depending on the situation and capacity of the now 18 year old to manage their own health care, proxy access may be continued upon request and review.

#### **Proxy Access for Adults**

Adult patients 18 years of age and older generally monitor and manage their own MyChart accounts. However, if a patient is 18 years of age or older and wants or needs to have another adult to serve as their proxy representative, the patient can complete the <u>Adult Proxy Access Form</u> and return it to their doctor's office. The most common example of proxy access for adult patients is when older parents want their health care to be managed by their adult children.

#### Access a family member's medical record

You will receive an email once your proxy request form has been processed and approved. From there, you'll be able to log into your personal MyChart account and view the account of the child or adult for whom you have proxy authorization.

# Sharing and Linking Your HPH MyChart MyChart Account with Other Organizations by Hawai'i Pacific Health

#### Lucy and MyChart Central

Lucy and MyChart Central are features in MyChart that allow you to collect and store all your medical information. Lucy specifically allows you to add or upload external documents from other places you've received care. MyChart Central, on the other hand, links your HPH MyChart account with any other MyChart accounts you may have with other organizations.



#### Create a MyChart Central account

- 1. Log into MyChart
- 2. Click the Health tab then Lucy under Medical Tools
- 3. To access Lucy, click the "Yes, I allow you to send my health information to Lucy when I request a copy of my chart" option
- 4. Click the "Link me Up with Lucy and MyChart Central" button
- 5. Follow the instructions on the different screens to set-up your account
- 6. After completing the required fields, you'll receive an email to activate your MyChart Central account
- 7. Click the link in the email to complete your MyChart Central account

	Health	
	What's in My Record? Plan of Care	Medical Tools Lucy
Lucy and MyChartCentri Information you see her data.	IrtCentral al can help you collect and permanently store your heu e in MyChart. No need to log into multiple web sites, ju	alth information from places where you are seen for care, including the ast Lucy and MyChartCentral. They're free, ad-free, and will never sell your
<ul> <li>Yes, I allow you to s We send your information</li> <li>Please securely cop if you decide not to creat own MyChartCentral actions</li> </ul>	end mry health information to Lucy when I request a co on securely and only when you request it. You must agree in order to ory mry name, gender, date of birth, address, and email to an acount after all, MyCharCentral will not store any of your pe count, but you will need to type this information yoursaft when you	opy of my chart. o make your own Lucy account. address to MyChartCentral so I don't have to type them again. morul information, it will be deleted. If you don't check this box, you can still create your sign up.
You should review the	privacy policy of Lucy and MyChartCentral to learn ho	w your data will be protected.
Clicking the button belo	w will log you out of your health record here and take LINK ME UP WITH LUCY A BACK TO THE	you to Lucy and MyChartCentral. ND MYCHARTCENTRAL HOME PAGE

#### Your MyChart Central Account

Once you've activated your MyChart Central account, you'll be able to link to MyChart accounts you may have at other health care organizations.

- 1. Click the Health tab and click Lucy
- 2. Click the Add a New Health care Organization button
- 3. Click the down arrow next to Organization to view accounts you have with other health care organizations. Click the name of the organization account you'd like to link to
- 4. Enter your MyChart password and click Link This Chart

#### **Accessing Lucy**

Lucy is accessible via your MyChart account and can be used to upload documents and records.

- 1. Click the Health tab and click Lucy
- 2. Click the Lucy link at the top of the screen
- 3. From there, you'll be able to update information in your Personal Health Record such as allergies and medications.
- You'll also be able to add or upload documents from your personal computer. To do this, click the "Add a Document from My Computer" button

You can also control what your health care providers can and cannot see:

- 1. Within the Personal Health Record or Document section of Lucy, click the "What can my health care providers see" link
- 2. Click Share or Don't Share



Lucy will help you to keep a personal health record that contains your allergies, medications, medical conditions, and other important information about your health. Data that you enter in your personal health record can be shared with clinicians who take care of you. What can my healthcare providers see?

#### Share your record

To share your health records:

- 1. Log into your MyChart account
- 2. Click the Health tab then click Share My Record
- 3. Choose one of the options on the right side of the screen and follow the directions on the screen

How do you want to share your in	oformation?
There are many ways to let other people have acc	ess to your health information. Let us help you find what you need.
💄 ↔ ⋿	Friends and family access Control who can view your information, and whose information you can view.
Share with People	Download or send your record Download information about your visits or send it to someone else.
Pi ++ 📄	Give one-time access with Share Everywhere Share your information with just about anyone, like a social worker or a school nurse.
Connect with Hospitals and Doctors	Link your accounts Link your MyChart account with other healthcare organizations and see your health information in one place.
View Device Connections	Review which devices or apps can see your information Review or remove mobile phones and other apps that have access to your information.

#### View, download and send visit records

To view or download your health records:

- 1. Click the Health tab then click Document Center
- 2. Click the Visit Records link. From there, you'll be able to filter visit records for single visits, by date range or all visits.
  - a. Click the View button to see the information or click the Download button to save the information on your computer
  - b. When downloading your records, you will be asked to protect the file with a password

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Requested Records / Submit a New Request Download records you specifically requested, or submit a new Medica Record Release Request.
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# Messaging

#### View messages from your doctor

You can read messages sent by your doctor or other clinic staff:

- 1. Click the Messaging tab then click Message Center
- 2. Here, you'll be able to see an inbox with all messages from your doctor and their staff as well as messages you've sent them

#### Ask your doctor for medical advice

- 1. Click the Messaging tab then click Message Center
- Click the Ask a Question button and click the option that best suits your needs including:
   a. All options except non-medical questions will be sent to your doctor

Click New Medical Question for simple medical questions that do not require immediate response. You'll be asked to select a recipient from a drop-down list of doctors you've seen. Type your message and click sent when finished. You also have the option of uploading or attaching an image.

You can also request Medication or Prescription Refills for medications you're currently taking.

E-Visits are another quick way to receive medical advice from your doctor. You'll be asked to select from a list of specific conditions and answer a few questions. Your responses will be sent to your doctor and they will get back to you as soon as possible.



#### Letters

You can also review letters your doctor's office has sent to you including health reminders, results from different tests as well as general letters.

- 1. Log into your MyChart account
- 2. Click the Messaging tab then click Letters
- 3. Select the letter to view it. You can also print a copy for your records



## Visits

#### View past or upcoming appointments

You can view past or future appointments by clicking the Visits tab then Appointments and Visits.

Click an upcoming or future appointment and click Details to see information about the appointment. This will allow you to see information about the visit including:

- Date, time and location of the visit
- Any pre-visit instructions or questionnaires to fill out from your doctor
- Directions to the clinic

You may also eCheck-in to your appointment 3-days prior to save time. Doing this ahead of time lets the clinic know you will be keeping your appointment, confirms your contact and insurance information and updates your medication list and allergies all before you start your appointment.

- 1. Click the ECHECK-IN button next to the appointment
- 2. Follow the instructions on the different screens to complete the process

You can also click the Cancel and Reschedule Appointment buttons next to your appointment if you're not able to make it that day / time.

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Office Visit with John Smith, MD Arrive by 7:50 AM HST Starts at 8:00 AM HST

Internal Medicine - Straub Clinic Mililani 95-1249 Meheula Pkwy Ste 187 Mililani HI 96789-1791 808-625-6444



#### **Request or schedule an appointment**

To request or schedule an appointment with your doctor:

Visits

- 1. Go to the Visits tab then click Schedule an Appointment
- 2. You'll be able to select a specific provider you'd like to see or identify the type of appointment you'd like to be seen such as an office visit physically at the clinic or a video visit that you can conduct from the comfort of your home

Depending on the type of appointment you choose, you may be directed to request or schedule an appointment

- For appointment requests, you'll be asked to enter the provider you want to see, the reason for the visit, as well as preferred dates and times for your visit. After submitting your request, someone from the clinic will reach out to you to verify an appointment date and time that works best for you.
- When you schedule an appointment, you don't need to wait to hear back from your doctor's office. Instead, you'll be able to select a specific date and time you'd like to be seen and schedule your appointment right then and there.

Schedule an Appointme If you have a medical emergency, pleas	nt ie call 911 or go to the nearest emerge	ncy department.	START OVER
Reason for visit Edit Video Visit	Providers Edit Elizabeth A. Kim, MD	(1) Time	Verify and schedule
What time works for you?			
Start search on 10/28/2020	Friday October 30, 2020	:20 AM	
Times			
All available times	Saturday October 31, 2020	)	
Filter times	9:20 AM 10	::40 AM	

Physical Physical Schedule work, school, or annual in- person appointments.
coverage prior to appointment.
pecific, in-person physical ate growth and Yease do not use for sick insurance coverage prior t.
fisit e medical and non-urgent d telephone appointments.



# Health



#### View your test results

If you had a lab or imaging test done, you'll be able to view the results in MyChart as soon as they become available.

- 1. Click the Health tab then Test Results
- 2. Click a particular test to see more information. You'll be able to see the standard range for the result and any additional information the provider notated

#### Manage your medications

- 1. Click the Health tab then Medications
- 2. You'll see a list of all current medications in your health record
- Click the Request Refills button to request a refill

   Click the medication(s) you'd like to request a refill for
  - b. Specify the pharmacy you would prefer your medications to be sent to so you are able to pick them up
- 4. Click the Learn more button to see more information about a particular medication
- 5. Click the Go to Manage My Pharmacies link to update the pharmacy you'd like your medications to be sent to

edications			1
ease review your medications and verify that	the list is up to date. Call 911 if you have	e an emergency.	
ed to update your list of pharmacies? Go to	Manage My Pharmacies.		
		REQUEST	REFI
Xarelto 20 MG tablet Generic name: rivaroxaban @ Learn more			(
Take 1 tab by mouth every day with dinner.			
Prescription Details Prescribed October 13, 2020 Approved by Sandra K Noon, DO	Refill Details Quantity 30 Tablets	Pharmacy Detalls TEST PHARMACY (NOWHERE, PA) 100 Fake Address, Nowhere PA 17004 316-262-2231	
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Delivery Method			
Pick up at a pharmacy			
Pharmacy Info			
Pharmacy			
other	•		
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BACK NEXT CANCEL	1		

# Health



#### View a summary of your health

Click the Health tab then Health Summary. This will provide you with a summary of the following:

- Current health issues
- Medications
- Allergies
- Immunization
- Preventive care topics

#### Respond to questionnaires from your clinic

Your doctor's office may ask you to fill out questionnaires in MyChart so you won't have to do so in clinic. You can respond to these questionnaires in a few different ways:

- 1. For general questionnaires, click the Health tab then Questionnaires
- 2. For questionnaires for an upcoming appointment
  - a. Click the Visits tab then Appointments and Visits
  - b. Select an upcoming appointment and click Details
  - c. Open the questionnaire by clicking it in the Questionnaires section of the appointment details
- 3. Your doctor may also send you a questionnaire in a MyChart message.
  - a. Click the Messaging tab then Message Center to view the message

#### Track health readings

Your doctor may ask that you record specific health readings such as glucose or blood pressure at home and send your results to them in MyChart on a regular basis. In such cases, you may be asked to use MyChart's Track My Health feature. This allows your physician to automatically receive your readings so they can monitor your progress.

- Click the Messaging tab then Message Center to view a message your physician sent you with information about Track My Health and a flowsheet to record your readings

   Click the link in the message to activate Track My Health
- 2. To record your readings, click the Health tab then Track My Health
- 3. Click the flowsheet's name and click Add New Data to enter today's readings
- 4. Enter your readings, date and time then click Continue
- 5. Click submit when complete

You can also view past results by clicking the Health tab then Track My Health. Click the specific flowsheet to view trended information of results.

# **Billing and Insurance**



#### Set-up paperless billing

You're able to pay your bills in MyChart. To set-up paperless billing so you don't receive statements in the mail:

- 1. Click the Billing tab then Billing Summary
- 2. Click the "Save time while you save paper! Sign up for paperless billing" icon at the top
- 3. Follow the directions on the screen and click Sign Me Up

#### **Billing Summary**



Save time while you save paper! Sign up for paperless billing

#### Making payments with online bill pay

- 1. Click the Billing tab then Billing Summary
- 2. The Billing Summary page will display all your current bills at Hawai'i Pacific Health
- 3. Click the Pay Now button next to each account of bill to make a payment
- 4. Follow the instructions on the screens to select a payment amount and method then submit

#### Pay as a guest

You can also pay your bills without logging into MyChart or if you don't have a MyChart account all together. To do this, you will need a guarantor account number to access your information.

- 1. Go to the MyChart log in page www.hawaiipacifichealth.org/mychart.
- 2. Click the Guest Pay link
- 3. Follow the instructions on the screen to access your account and pay your bill



#### **Review and update your insurance information**

- 1. Click the Billing tab then Insurance Summary
- 2. Here you'll be able to update, remove and add new insurance coverages
- 3. You'll also have the option of uploading images of your insurance card as well

## Preferences and Other Features



#### **Personalize MyChart**

- 1. Click the Profile tab then Personalize
- 2. Click Edit to add a nickname to your profile as well as change the color scheme

To add a photo to your account:

- 1. Click the Profile tab then Personalize
- 2. Click the Guest Pay link
- 3. Click the pencil icon under Photo to browse and add a photo to your account

Criteria for acceptable photos:

- Only the patient should be in the photo
- Patient photo should be of the complete face, taken from the front, from the top of the head down to the shoulders (no sunglasses or hats)
- Photo should be clear without the use of filters (i.e. Snapchat)



#### Update your personal information

- 1. Click the Profile tab then Personal Information
- 2. Click Edit to update your contact information, emergency contacts and other details about you including ethnicity, language, race, and religion

#### Change your MyChart password

- 1. Click the Profile tab then Security Settings
- 2. Enter your current password and your new password
- 3. Click Save Password

Security Settings
Change Password
Your password must be different than your MyChart Us uppercase).
Current Password:
New Password:
Confirm New:
SAVE PASSWORD



## Video Visits

You can conduct video visits with your doctor on your mobile device or computer. A video visit is a scheduled appointment with your health care provider and can be done via MyChart. A video visit recreates an in-person experience by allowing you to discuss your needs with your provider. The process is easy and secure.



#### Video visit requirements

To have a video visit with your doctor, you'll need the following:

- 1. An active MyChart account\*
- 2. One of the supported browsers on your computer or mobile device
  - a. Microsoft Edge
  - b. Google Chrome
  - c. FireFox
  - d. Safari
- 3. An Internet or WiFi connection
- 4. If you're using a mobile device, please ensure it has a battery life of at least 50% at the beginning of the video visit

\*If you prefer to not sign-up for MyChart, please call your doctor's office and they will work with you to provide a video visit using other approved platforms

#### eCheck-In

To start your video visit, you will be asked to complete our eCheck-in process. This can be done 3-days prior to your appointment.

- 1. Log into MyChart
- 2. Click the Visits tab then Appointments and Visits
- 3. Find your video visit and click the ECHECK-IN button next to the appointment
- 4. Follow the instructions on the different screens to complete the process. Once you click eCheck-in, you will be asked a series of health questions, complete a hardware check of your computer or mobile device and complete a patient consent.
- 5. When complete, you'll see a screen that says "eCheck-In Complete"



# Video Visits



#### On the day of the visit

You may join your video visit up to 30 minutes prior to your appointment

- 1. Log into MyChart
- 2. Click the Visits tab, click your appointment, then click Begin visit when you are ready to join
- 3. When prompted, please allow your device's Internet browser to gain access to your camera and microphone
- 4. You will then be placed into a virtual waiting room until your physician joins the visit

For any questions or concerns, you may contact your doctor's office or reach out to our MyChart Customer Support line at 535-7725 on O'ahu or toll-free 1-877-228-1894 from the neighbor islands.



Otherwise, you may also refer to the MyChart Video Visits Guide in MyChart under Resources, User Guides and Other Resources.



## Learn More



#### **Frequently Asked Questions (FAQs)**

Click the link below for a list of Frequently Asked Questions www.hawaiipacifichealth.org/mychart/faqs

#### **MyChart Support**

For questions or issues, please call our MyChart Customer Support line:

- O'ahu: 808-535-7725
- Kaua'i: 808-246-1663
- Toll Free: 1-877-228-1894



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