



## **KAPI'OLANI MEDICAL CENTER- WOMEN'S & CHILDREN**

### **Monday 8/03**

**Breakfast:** Country potatoes, Banana Pancakes, Pork Sausage Patty, Bacon, Loco Moco

**Breakfast Special:** Sriracha Steak Omelet\*

**Chef's Healthy & Hearty Soup:** Steak and Potato, Lentil & Spinach

**Lunch Salad Special:** Korean noodle salad with chicken

**Lunch Sandwich Special:** Patty Melt

**Chef's Daily Lunch Bar:** Korean

**Lunch & Dinner Special:** Kung Pao Chicken, Roast Beef w/ Chimichurri  
Sautéed Sesame Veggies, House Fried Rice, Shoyu Potatoes

**Healthy Special:** Mongolian Stir Fried Tofu

### **Tuesday 8/04**

**Breakfast:** Fried Rice, French Toast, Grilled Ham, Bacon, Corned Beef Hash

**Breakfast Special:** Maui Smoked Salmon Bagel

**Chef's Healthy & Hearty Soup:** Chicken and Long Rice, Three Mushroom Barley

**Lunch Salad Special:** Blackened Salmon Cobb Salad

**Lunch Sandwich Special:** Reuben Sandwich

**Chef's Daily Lunch Bar:** Sushi

**Lunch & Dinner Special:** Impossible Bolognese (vegan), Kalua Pig and Cabbage  
Olive oil and Black Pepper Penne, House Fried Rice, Steamed Carrots and  
Cauliflower

**Healthy Special:** Chicken Chow Funn

### **Wednesday 8/05**

**Breakfast:** Tater Tots, Pork Link Sausage, Bacon, Loco Moco

**Breakfast Special:** Jumbo Belgian Waffle Wednesday with berry compote

**Chef's Healthy & Hearty Soup:** Lemon Chicken Orzo, Tuscan White Bean

**Lunch Salad Special:** Italian Chef Salad \*

**Lunch Sandwich Special:** Fish Tacos

**Chef's Daily Lunch Bar:** Indian

**Lunch & Dinner Special:** Jumbo House Meatballs, Catch with Hoisin Peanut Sauce  
Linguine with garlic & Parmesan, House Fried Rice, Cabbage Snow peas  
and Peppers

**Healthy Special:** Vegan Pad Thai with Tofu

### **Thursday 8/06**

**Breakfast:** Country potatoes, Blueberry Pancakes, Portuguese Sausage, Bacon, Corned Beef Hash

**Breakfast Special:** Bacon Egg and Cheese Croissant

**Chef's Healthy & Hearty Soup:** French Onion, Tuscan Kale and Bean Soup \*

**Lunch Salad Special:** Red Curry Salad with Firecracker Shrimp

**Lunch Sandwich Special:** Turkey Avocado Wrap \*

**Chef's Action Station:** Carving Station

**Lunch & Dinner Special:** Tortellini, roasted Portobello w/ blush sauce, BBQ Mango Salmon

Green Beans Amandine, House Fried Rice

**Healthy Special:** Grilled Chicken Breast with Sautéed Garlic Spinach

### **Friday 8/07**

**Breakfast:** Fried Rice, French Toast, Pork Sausage Patty, Bacon, Loco Moco

**Breakfast Special:** Country Benedict

**Chef's Healthy & Hearty Soup:** Hot & Sour, Mushroom and Roasted Garlic

**Lunch Salad Special:** Chicken Tostada Bowl

**Lunch Sandwich Special:** Chili Dog

**Chef's Daily Lunch Bar:** Chicken Wings

**Lunch & Dinner Special:** BBQ Teriyaki Pork Loin w/ Crispy onions, Panko Crusted Cod W/ Chinese

Brown Sauce

Sesame Noodles, House Fried Rice, Sesame Shitake Bok Choy

**Healthy Special:** Korean Stir Fried Vegetables and Tofu

### **Saturday 8/08**

**Breakfast:** Tater Tots, Belgian Waffle, Grilled Ham, Bacon, Corned Beef Hash

**Breakfast Special:** Denver Omelet

**Chef's Healthy & Hearty Soup:** Minestrone, Chicken Gumbo

**Lunch Sandwich Special:** Asian BBQ Pork Sandwich

**Lunch & Dinner Special:** Beef Stew, Pesto Chickn'less Cacciatore

Brussel Sprouts with Onions, Roasted Red Potatoes

**Healthy Special:** Cajun Shrimp

### **Sunday 8/09**

**Breakfast:** Country potatoes, Mochi Pancakes, Pork Link Sausage, Bacon, Loco Moco

**Breakfast Special:** Eggs Florentine

**Chef's Healthy & Hearty Soup:** Chunky Vegetable and Orzo, Bacon Corn Chowder

**Lunch Sandwich Special:** Banh Mi Burger

**Lunch & Dinner Special:** Chili Macaroni, Chicken Katsu

Baked Sweet potato, Zucchini and Red peppers

**Healthy Special:** Vegetarian Stir Fried Noodle