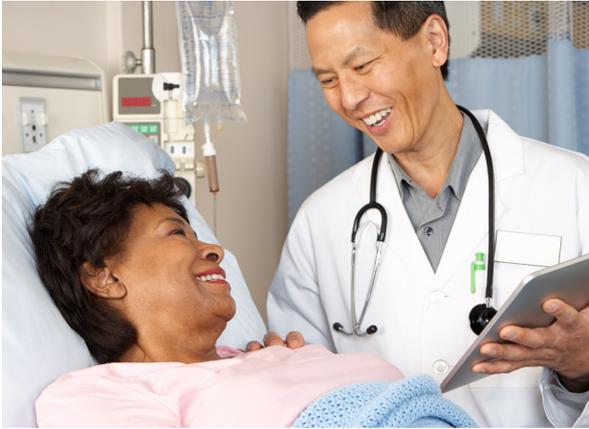


## What is Palliative Care?



- Special medical care for people with a serious illness.
- Targets pain, symptoms and stress caused by illness.
- Helps you and your family with complex decision-making.
- Helps coordinate your care.
- Provides an extra layer of support.
- Is a partnership among patient, family and health care providers.
- Helps people live as well as they can for as long as they can.

*Our mission is to improve the lives of seriously ill patients and their families through symptom management and coordinated, compassionate care.*

## PALLIATIVE CARE



CREATING A HEALTHIER HAWAII

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CREATING A HEALTHIER HAWAII

## PALLIATIVE CARE



### Who May Benefit From Palliative Care?

- Anyone with serious, potentially life-limiting illness.
- Patients and families facing complex medical decisions.

### When is the Right Time for Palliative Care?

Palliative care can assist patients throughout all stages of illness. It may be best introduced early in your care and is provided at the same time as curative treatments.

### Is Palliative Care the Same as Hospice?

No. Hospice care is meant specifically for those approaching the last stages of life, while palliative care is appropriate for any stage of a serious illness.

### How Do I Contact Palliative Care?

If you are an inpatient, please consult your attending physician. Patients and families looking for more information can contact Dr. Amy Corliss at 245-1277.

### What You Can Expect From Palliative Care.

Palliative care services at Wilcox Medical Center include:

- Assistance in relieving symptoms of medical illness such as pain, shortness of breath, fatigue, constipation and nausea.
- Coordination with your medical team to ensure you understand your condition and options for medical care.
- Emotional, social and spiritual support.

### How Palliative Care can Make a Difference.

Recent studies show that patients who receive palliative care experience improved communication with their doctors and family members, enhanced emotional and spiritual well-being, and the lessening of pain and other symptoms.



### Working as a Team.

Together with your primary medical team, the palliative care service can assist in family/team meetings and offer guidance and support with difficult treatment decisions and goal setting.

The palliative care team includes a:

- Physician.
- Nurse.
- Social Worker.
- Chaplain.
- Case Manager.
- Pharmacist.
- Dietitian.
- Respiratory therapist.