

ALOHA!

It is our pleasure to invite you to "Valentine in Paradise: Healthier Hearts for a Healthier Hawai'i." This free community event is sponsored by the Hawai'i Pacific Health Heart Centers. It will be held from 8:30 a.m. to noon on Saturday, April 6, 2019, in the Hibiscus Ballroom of the Ala Moana Hotel.

At Valentine in Paradise, you will hear from some of Hawai'i's most respected medical experts specializing in cardiology. They will discuss the latest treatments, procedures and tests available, such as heart valve repairs, stent placements and imaging techniques. Other topics will include heart healthy lifestyles, ways to avoid heart disease and how to deal with a diagnosis. At the conclusion of the program, the doctors will make themselves available to answer as many questions as time permits.

Cardiovascular disease continues to be a major threat to our population and is being diagnosed in increasing numbers in the U.S., with Hawai'i among the states with the largest number of new diagnoses. Thanks to advancements in technology, we are able to treat more patients today and achieve better outcomes using less invasive procedures. Hawai'i Pacific Health's four medical centers - Kapi'olani, Pali Momi, Straub and Wilcox - provide a full spectrum of cardiovascular services. We use the latest technology for screenings and treatments in state-of-the-art facilities, including our new Hybrid Suite at Straub and West O'ahu's only interventional cardiac catheterization units at Pali Momi.

We encourage you to register for Valentine in Paradise so you can learn about the advancements in cardiovascular care and what treatments are available to patients here in Hawai'i. To register, please complete and return the enclosed form or register online at HawaiiPacificHealth.org/Valentine. Advanced registration is highly recommended due to limited seating.

Central and West O'ahu residents can choose to attend via videoconference at Pali Momi Medical Center in 'Aiea. The program will also be available via videoconference for Kauai'i residents at Wilcox Medical Center.

Join us on April 6 and get helpful information for a healthier heart. We look forward to seeing you there.

Mahalo,

Mark T. Grattan, MD
Program Co-Chair

Brandon Itagaki, MD
Program Co-Chair

**HAWAII'
PACIFIC
HEALTH**
KAPI'OLANI
PALI MOMI
STRAUB
WILCOX

CONFERENCE SERVICES
1100 WARD AVENUE, SUITE 1045
HONOLULU, HI 96814

JOIN US ON SATURDAY, APRIL 6, 2019 FOR

Valentine **IN PARADISE:**

Healthier Hearts for a Healthier Hawai'i

Valentine IN PARADISE:

Healthier Hearts for a Healthier Hawai'i

A FREE Community Health Event

Saturday, April 6, 2019

ALA MOANA HOTEL

Hibiscus Ballroom

410 Atkinson Drive, Honolulu, Hawai'i

VIDEO CONFERENCE AVAILABLE AT:

Pali Momi Medical Center and

Wilcox Medical Center

HEART CENTERS

**HAWAII'
PACIFIC
HEALTH** | KAPI'OLANI
PALI MOMI
STRAUB
WILCOX

CREATING A HEALTHIER HAWAII'

HawaiiPacificHealth.org/Valentine

Hawai'i Pacific Health is a not-for-profit health care system.



VALENTINE IN PARADISE:

Healthier Hearts for a Healthier Hawai'i

SATURDAY, APRIL 6, 2019 | ALA MOANA HOTEL — HIBISCUS BALLROOM

PROGRAM CO-CHAIRS



Mark T. Grattan, MD
Cardiothoracic Surgery
Straub Heart Center



Brandon Itagaki, MD
Cardiology
Straub Heart Center

SPEAKERS



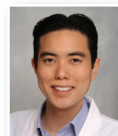
John Funai, MD
Cardiology
Wilcox Medical Center



Chari Hart, MD
Echocardiology
Straub Heart Center



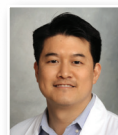
John Kao, MD
Interventional Cardiology
Pali Momi Heart Center



Jared Oyama, MD
Cardiology
Straub Heart Center



**Alyssa Barnes Onzuka, RN,
BSN-PCCN**
Critical Care Intermediate Unit
Straub Medical Center



Cyrus Szeto-Wong, MD
Cardiology
Pali Momi Heart Center

MODERATOR



S. Kalani Brady, MD, MPH, MACP
Director of Education
Hawai'i Pacific Health
Conference Services

PROGRAM

8 a.m. Registration

8:30 a.m. Welcome and Introduction
S. Kalani Brady, MD, MPH, MACP
Moderator

Brandon Itagaki, MD
Program Co-Chair

Mark T. Grattan, MD
Program Co-Chair

8:45 a.m. How the Heart Works
Alyssa Barnes Onzuka, RN, BSN-PCCN

8:50 a.m. Introduction and Case Presentation
John Funai, MD

Fixing a Heart Valve without Surgery
Jared Oyama, MD

Echocardiographic Imaging of the Heart –
A Picture is Worth a Thousand Words
Chari Hart, MD

9:45 a.m. From Skipped Beats to Sudden Death:
The Importance of Heart Monitoring to
Detect Abnormal Heart Rhythms

John Funai, MD (Case Presentation)
Cyrus Szeto-Wong, MD

10:05 a.m. Break

10:50 a.m. Signs of a Blocked Artery and How to Fix It
John Funai, MD (Case Presentation)
John Kao, MD

11:10 a.m. Food for Thought – Cardiac Rehab
and Lifestyle Education
John Funai, MD (Case Presentation)
Alyssa Barnes Onzuka, RN, BSN-PCCN

11:30 a.m. Panel Discussion

Noon End of Program

Blood pressure checks will be available on a first-come,
first-served limited basis at the Ala Moana Hotel.

REGISTRATION FORM

VALENTINE IN PARADISE: HEALTHIER HEARTS
FOR A HEALTHIER HAWAII'

SATURDAY, APRIL 6, 2019

Mr. _____ Ms. _____

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

How did you find out about this program?

Will be attending (please check one):

Ala Moana Hotel — Hibiscus Ballroom

Video Conference at Pali Momi Medical Center

For Kaua'i registrations, see registration information below.

ADDITIONAL GUEST:

Mr. _____ Ms. _____

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

How did you find out about this program?

Will be attending (please check one):

Ala Moana Hotel — Hibiscus Ballroom

Video Conference at Pali Momi Medical Center

For Kaua'i registrations, see registration information below.

REGISTER TODAY:

Online: HawaiiPacificHealth.org/Valentine

Email address is required for online registration

O'ahu: Mail: **Hawai'i Pacific Health Conference Services**
1100 Ward Avenue, Suite 1045
Honolulu, HI 96814

Fax: **808-522-4455**

Seating is limited. Beginning **Monday, April 1, 2019**, phone
registrations will be accepted if space is available at **808-522-3469**.

Special Accommodations: If you require special accommodations
due to disability, call **808-522-3469** by **Friday, March 29, 2019**.

For **Kaua'i** registrations, please call or fax Wilcox Medical Center at:
Phone: 808-245-1198 | Fax: 808-245-1225

Hawai'i Pacific Health reserves the right to make any changes to the program.
Video conference available at Pali Momi Medical Center and Wilcox Medical Center.