

## Attention Registered Nurses! Continuing Education Opportunity:

## Best Practice Update-Pressure Injury Prevention- Wound Healing-Ostomy Care- Incontinence Management

Presented by
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Wilcox Medical Center
Conference Room B&C
Choose 1 session:
October 7, 2017
0730-1700
OR
October 14<sup>th</sup>, 2017
0730 -1700

Join us for a fun day of learning during interactive games and skills labs.

## **Learning Objectives**

- Describe pathophysiology and mechanism of injury of common wound types.
- Identify the factors that contribute to pressure injury, discuss corresponding prevention
  measures and interventions.
- Describe the normal wound healing process and discuss conditions that delay healing and cause complications, relate appropriate interventions.
- Relate optimal nutrition and hydration to optimal wound healing.
- Describe appearance of a healthy wound. Contrast with the appearance of a wound with complications.
- Write a wound assessment using correct terms and including necessary assessment criteria.
- Apply NPUAP staging criteria to photos or model of pressure injuries and identify stage of each wound.
- Discuss relevance of diagnostic tests used in wound management.
- Describe best practice for wound cleansing and debridement- choose appropriate method based on wound type and assessment findings.
- Describe best practice for wound treatments and dressings- choose appropriate dressing/ treatment based on wound type and assessment findings
- Discuss strategies to manage wound related pain
- Describe best practice for incontinence management- choose appropriate products and devices based on patient assessment.
- Describe best practice for ostomy management- differentiate between types of ostomies, choose appropriate pouching system based on type of ostomy and assessment of stoma and abdomen.
- Return demo and teach back: Optimal patient positioning and handling to prevent pressure, friction and shear injuries- list main concepts to teach to home caregiver.
- Return demo and teach back: Basic NPWT dressing application and equipment trouble-shooting -List main concepts to teach to a patient who is going home with NPWT.
- Return demo and teach back: Unna boot and multiple layer compression wrap- List main concepts to teach to a patient who will be discharged with a compression wrap.
- Return demo and teach back: Condom catheter application and management
- Return demo and teach back: Fecal management system insertion and management
- Return demo and teach back: Ostomy appliance change, relating variations for colostomy, ileostomy and urostomy. List main concepts to teach to a patient who is going home with a new ostomy.



In support of improving patient care, Hawai'i Pacific Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Hawai'i Pacific Health designates this live activity for a maximum of 8.0 contact hours for nurses.