

OBGYN Grand Rounds

Perimenopause: How, What, When?

May 6, 2026

7:30am – 8:30am

Zoom

TARGE AUDIENCE: Physicians, Nurses and other healthcare professionals.

SPEAKER: Jessica Johns, MD, FACOG

GENERAL OBJECTIVES:

By the end of the course, the participants will be able to:

1. Define perimenopause and describe expected physiologic and symptomatic changes.
2. Discuss evaluation and management of abnormal uterine bleeding in perimenopause.
3. Recognize common vasomotor, sleep, and mood disturbances associated with perimenopause.

CONTINUING EDUCATION:



In support of improving patient care, Hawai'i Pacific Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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have regarding your evaluation or CE
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