



OBGYN Grand Rounds

Primary Care Quick Hits

January 28, 2026

7:30am – 8:30am

Zoom

TARGET AUDIENCE: Physicians, Nurses and other healthcare professionals.

SPEAKER: Liana Kobayashi, DO, MPH

GENERAL OBJECTIVES:

By the end of the course, the participants will be able to:

1. Refresh knowledge of the following primary care topics, including recent guideline updates:
Hyperlipidemia, Hypertension, Weight loss medications
2. Recognize diagnostic criteria for these common conditions.
3. Review treatment options.

CONTINUING EDUCATION:



In support of improving patient care, Hawai'i Pacific Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Hawai'i Pacific Health designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credits™* for physicians. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Hawai'i Pacific Health designates this live activity for 1.0 contact hours for nurses. Nurses should only claim credit commensurate with the extent of their participation in the activity.



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*Please direct any questions you may
have regarding your evaluation or CE
certificate to the HPH Continuing Education Department at
phphcontinuingeduc@hawaiipacifichealth.org .*



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