## CME/CE

# Straub Grand Rounds Sleep Health And Disorders

Friday, January 11, 2019 12:30 - 1:30 pm

Lunch will be provided at the DDR

# Speaker:

Valerie Cacho, MD

Department of Sleep Medicine, Medical Director

Straub Medical Center

Disclosure: I and/or my spouse/partner have no financial relationships/affiliations to disclose.

Audience: All Physicians, Nurses and Pharmacists

This offering is intended for HPH employees and credentialed HPH providers.

Learning Objectives: At the conclusion, participants should be able to:

- Describe what obstructive sleep apnea is and how to treat it.
- Identify the harms of sleeping pills and recommend cognitive behavioral therapy for chronic insomnia.

### **Continuing Education**



In support of improving patient care, Hawai'i Pacific Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### For Physicians we are offering CME

Hawai'i Pacific Health designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit (s)* TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### For Nurses we are offering ANCC Contact Hours

Hawai'i Pacific Health designates this live activity for 1.0 contact hour for nurses. Nurses should only claim credit commensurate with the extent of their participation in the activity.

### For Pharmacists we are offering Continuing Education Credits

Hawai'i Pacific Health is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This activity is assigned Universal Activity Number (UAN) JA4006398-0000-19-003-L04-P and is accredited for 1 hour for attendance at the entire CE session.

We are in compliance with the Americans with Disabilities Act, and we will make every reasonable effort to accommodate your needs. If you require any special accommodations, please contact Talia Tanaka at the Medical Staff Office at 522-4107.

