

What to Expect During Your Stay

healthier

Can my baby stay with me in the room?

Yes, absolutely. In fact, we encourage you to keep your baby with you in your room during your hospital stay. By being together, the two of you can get to know each other and you can gain confidence in caring for your baby. The nurse will assist you and your family to care for your baby in your room. For the safety of your baby, we ask that you:



- Never leave your baby alone. If you need to leave your room, please notify your nurse and your nurse will come and get your baby for monitoring in the nursery.
- Babies need to be in their cribs when outside your patient room.
- Only staff wearing a pink badge should be caring for your baby.

Can my family stay with me?

Visiting hours are from 11 a.m. and end at 8:30 p.m. One partner or adult visitor can stay.

Who can stay with me?

- One adult can stay all night.
- Visiting hours for everyone else are from 11 a.m. to 8:30 p.m.
- Everyone needs a visitor's band.
- A few safety rules for baby:
 - Baby can't stay in your room alone. Call your nurse if you have to leave the room.
 - Babies need to be in their cribs in the hallways.
 - People who are safe to take your baby will always have a pink badge. No pink badge - no baby!

Education and support

During your stay you will be visited by a lactation consultant and attend a discharge and breastfeeding class.



Important tests your baby has before going home:

1. Hearing test.
2. Newborn screening – checks for rare but important diseases.
3. Heart test – looks for heart problems in normal babies before there is trouble. See brochure for more details.

**HAWAII
PACIFIC
HEALTH**

**KAPI'OLANI
MEDICAL CENTER**
FOR WOMEN & CHILDREN



CREATING A HEALTHIER HAWAII

1319 Punahou Street | Honolulu, Hawai'i 96826
T 808-983-6000 | Kapiolani.org