## 2018 Dirty Dozen List

The Top Fruits and Veggies That Have the Most Pesticides



CREATING A HEALTHIER HAWAI'



1. Strawberries



5. Grapes



9. Tomatoes



2. Spinach



6. Peaches



10. Celery



3. Nectarines



7. Cherries



11. Potatoes



4. Apples



8. Pears



12. Sweet Bell Peppers



**Strawberries, spinach and nectarines** were the worst offenders for the second year in a row.



A single sample of strawberries showed 22 different pesticides.



of spinach samples contained pesticide residues.