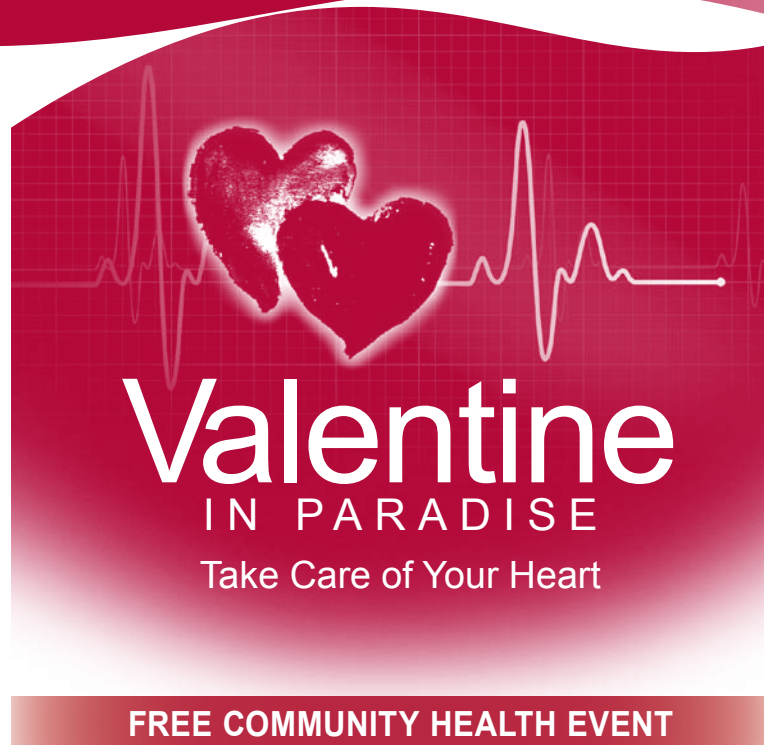


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Hawaii Pacific Health
Conference Services
1100 Ward Avenue, Suite 1045
Honolulu, HI 96814

Join us on Saturday, February 20th for
a Free Community Health Event on...
Valentine in Paradise: Take Care of Your Heart



FREE COMMUNITY HEALTH EVENT

Saturday, February 20, 2010

Ala Moana Hotel
Hibiscus Ballroom
410 Atkinson Drive
Honolulu, Hawai'i 96814

Video Conference at Kapi'olani Medical Center
at Pali Momi Conference Center

Sponsored by



HAWAII PACIFIC HEALTH

Kapi'olani • Pali Momi • Straub • Wilcox



Affiliates of Hawaii Pacific Health

Aloha,

Hawai'i Pacific Health and the Straub Heart Center, a specialty of Hawai'i Pacific Health, invite you to "Valentine in Paradise: Take Care of Your Heart" on Saturday, February 20, 2010 at the Ala Moana Hotel Hibiscus Ballroom.

The Straub Heart Center is committed to creating a cardiac care center of excellence in Hawai'i. Our highly skilled specialists provide the full spectrum of services and deliver unsurpassed, comprehensive heart care that is comparable to leading cardiac care centers across the country. Our mission is three-fold: to offer comprehensive services, to provide an unparalleled standard of care, and to support the community by ensuring ease of access to care.

Because cardiovascular diseases are highly preventable, helping to understand risk factors can make a difference. We've assembled a panel of experts to share their knowledge about the heart, as well as factors that affect the heart, such as exercise and diet. At the conclusion of the presentations, the panel of experts will answer as many questions as time permits.

To register, please complete the registration form and return it to Hawai'i Pacific Health Conference Services, or call (808) 522-3469 for more information. Advanced registration is recommended due to limited seating.

Participants from Leeward Oahu may choose to participate via video conference from the Conference Center at Kapi'olani Medical Center at Pali Momi.

Take charge of your heart by taking an active role in your own health and well-being. Hope to see you on Saturday morning, February 20.

Sincerely,

Mark T. Grattan *Lorelei J. Repique*

Mark T. Grattan, MD
Program Co-Chair

Lorelei J. Repique, MD
Program Co-Chair

Valentine

IN PARADISE

Take Care of Your Heart

FACULTY

Sally Belles, RD
Health Education Center
Straub Clinic & Hospital

Hingson M. Chun, MD
Electrophysiologist
Straub Heart Center

Mark T. Grattan, MD
Cardiothoracic Surgeon
Straub Heart Center

John A. Kao, MD, FACC
Cardiologist
Kapi'olani Medical Center at Pali Momi

Lorelei J. Repique, MD
Cardiologist
Straub Heart Center

Andrew U. So, DO
Cardiologist
Kaua'i Medical Clinic

MODERATOR

S. Kalani Brady, MD, MPH, FACP
Director of Education
Hawai'i Pacific Health Conference Services

*Video conference available in the conference room
at Kapi'olani Medical Center at Pali Momi.*

*Hawai'i Pacific Health and Straub Heart Center reserve
the right to make any changes to the program.*

PROGRAM

- 8:00 a.m. Registration
- 8:30 a.m. Welcome
- S. Kalani Brady, MD, MPH, FACP
Moderator of the Program
- Mark T. Grattan, MD
Program Co-Chair
- Lorelei J. Repique, MD
Program Co-Chair
- 8:40 a.m. The Way to a Woman's (Healthy) Heart
Lorelei J. Repique, MD
- 9:00 a.m. Looking Inside Your Heart
Andrew U. So, DO
- 9:20 a.m. Report Cards for Cardiac Surgeons
Mark T. Grattan, MD
- 9:40 a.m. A Healthy Heart through
Diet and Exercise
Sally Belles, RD
- 10:00 a.m. Break
- 10:50 a.m. Diabetes and Heart Disease
John A. Kao, MD, FACC
- 11:10 a.m. A Tune-up for Your Heart
Hingson M. Chun, MD
- 11:30 a.m. Panel Discussion
- 12:00 p.m. End of Program

Organized by

STRAUB
HEART CENTER
A Specialty of Hawaii Pacific Health

REGISTRATION FORM

Valentine in Paradise: Take Care of Your Heart
Saturday, February 20, 2010 • Ala Moana Hotel

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

How did you find out about this program?

Will be attending (*please check one*):

Ala Moana Hotel – Hibiscus Ballroom

Video Conference at Kapi'olani Medical Center at Pali Momi

Additional Guests:

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Will be attending (*please check one*):

Ala Moana Hotel – Hibiscus Ballroom

Video Conference at Kapi'olani Medical Center at Pali Momi

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Will be attending (*please check one*):

Ala Moana Hotel – Hibiscus Ballroom

Video Conference at Kapi'olani Medical Center at Pali Momi

**Mail to: Hawai'i Pacific Health Conference Services
1100 Ward Avenue, Suite 1045
Honolulu, HI 96814-1617**

Or Fax to: (808) 522-4455

Seating is limited. Mail or fax your registration form. Beginning Monday, February 15, 2010, if space is available, phone registrations will be accepted by calling Hawai'i Pacific Health Conference Services at (808) 522-3469.

If you require special accommodations due to disability, call (808) 522-3469 by Friday, February 12, 2010.