

# Bottle Recommendations for Premies



Your baby may need bottle feeds, and there are many options to choose from in stores and online. When choosing a bottle/nipple system for your baby, you may need to consider multiple properties of the nipple that support feeding. Properties include shape, pliability of the nipple, hole size and air exchange within the bottle. Depending on your baby's oral motor pattern of eating, oral structure, strength, endurance and coordination, different qualities will support baby's feeding. Below are some types of bottles that are commonly used in the neonatal intensive care unit.

## Types of Nipples

In general, a good starting point for most babies is the Dr. Brown Premie Nipple as it has a softer texture, standard shape and slower flowing nipple. If you need assistance with choosing a nipple that is efficient and supports baby's feeding, you can request a feeding evaluation.

### Standard Nipples (narrow nipples)



Dr. Brown  
Preemie

Gerber First  
Essentials  
Slow Flow

Parent's Choice  
Slow Flow

### Wide-Base Nipples



Dr. Brown  
Wide-Neck  
Preemie

Comotomo  
Slow Flow

Playtex  
VentAire  
Slow Flow

